

Conference honors Jaguars' Sutton, Knights' Iglehart

Basketball players Ian Sutton from Southwestern College and Devyn Iglehart of San Diego City College are the Pacific Coast Athletic Conference's Men's Athletes of the Week.

Sutton, a 6-foot-5 sophomore forward from Independence High School in Glendale, AZ, grabbed 22 rebounds last week as the two-time defending champion Jaguars took home back-to-back PCAC victories.

Sutton scored 11 points and also had 11 rebounds and five steals as Southwestern defeated Cuyamaca 72-63.

He came back two days later with 12 points, 10 rebounds and two blocks in a 69-47 win over San Diego Mesa.

Iglehart, a 5-foot-10 freshman guard from Horizon High School, contributed 16 points, six rebounds and five assists, including the game-winning assist with 0.1 seconds left, in a 76-75 win over MiraCosta.

Iglehart then played an integral role in helping lead the Knights to an 87-68 victory over Grossmont with 17 points, two rebounds, three assists, three blocks and a steal.

Honorable mention was awarded to Imperial Valley's Travis Alexander, and Palomar's Chris Gorman and Chamron Morgan.

Alexander, a 6-foot-1 freshman shooting guard from West Valley High School in Hemet, played a starring role as IVC drew away in the latter part of the second half to beat Palomar 61-45. He went 5-for-6 from behind the 3-point arc and scoring 17 points.

Gorman, a 5-foot-10 freshman guard out of El Camino High School, pumped in 33 points and also had five assists and three steals in the Comets' 96-89 victory over Miramar. Earlier in the week, he scored 21 points vs. Imperial Valley.

Morgan, a 6-foot-5 sophomore wing from Jarupa Valley High School, contributed a double-double in the victory over the Jets with 15 points and 15 rebounds. He tallied 12 points two nights earlier against IVC.

Gorman shared PCAC Athlete of the Week honors for the week ending Jan. 8. An athlete may be recognized as Athlete of the Week only once in his season of sports, but may receive honorable mention an unlimited number of times.

<u>PCAC 2011-2012 MEN'S ATHLETES OF THE WEEK</u>		
Sept. 4	David Atoe, San Diego Mesa	Football
Sept. 11	Adam Witzmann, Palomar	Football
	Ansu Sowe, Southwestern	Cross Country
Sept. 18	Rhett Turvey, Palomar	Water Polo
	Hector Munoz, San Diego City College	Soccer
Sept. 25	Tyler Ormsby, Grossmont	Water Polo
Oct. 2	Matt Marsden, Palomar	Water Polo
	Petros Temesgen, San Diego Mesa	Cross Country
Oct. 9	Trey Davis, Grossmont	Water Polo
	Garrett Smerdon, San Diego Mesa	Water Polo
Oct. 16	Lee McCallister, Cuyamaca	Cross Country
Oct. 23	Jeremiah Kose, Palomar	Football
Oct. 30	Dylan Marx, San Diego Mesa	Cross Country
	Aaron Thomas, San Diego Mesa	Cross Country
Nov. 6	Jose Reyes Torres, San Diego City	Soccer
Nov. 13	Stephon Lamar, San Diego City College	Basketball
	Bryan Cook & Jackson Ross, Grossmont	Water Polo
Nov. 27	Jayde Gonzales, Palomar	Wrestling
	Brandon Newman, Imperial Valley	Basketball
Dec. 4	Reynard Rice, Grossmont	Basketball
	Tim Randall, Palomar	Wrestling
Dec. 11	Menas Stephens, San Diego City College	Basketball
	Matt Lewellen, Palomar	Wrestling
Dec. 18	Josue Mulamba, Imperial Valley	Basketball
	Darin Martin, San Diego City College	Basketball
Jan. 1	Chioke Walker, Cuyamaca	Basketball
Jan. 8	Chris Gorman, Palomar	Basketball
	Dominique Moreno, MiraCosta	Basketball
Jan. 15	Alberto Ganis, Miramar	Basketball
Jan. 22	Ian Sutton, Southwestern	Basketball
	Devyn Iglehart, San Diego City College	Basketball