

City's Sykes, Jets' Simental share Athlete of Week honors

Basketball players Marvin Sykes from San Diego City College and Santiago Simental from Miramar share Men's Athlete of the Week honors in the Pacific Coast Athletic.

Sykes, a 5-foot-9 freshman guard from John Marshall High School in Chicago, scored 28 points, going 11-for-16 from the field and also grabbing six rebounds, in leading the first-place Knights to an 84-72 victory over Miramar.

Sykes also had 10 points, six rebounds and four steals as City College downed Palomar 78-68.

Simental, a 6-foot-2 freshman shooting guard from Maranatha High School in San Diego, had his best game of the season as the Jets defeated MiraCosta 85-74.

Santiago handled the Spartans' press, dishing off eight assists, grabbing six rebounds and scoring 21 points. He went 11-for-13 from the free throw line, making all six of his

attempts in the final minute. He scored in a variety of ways, hitting 3-pointers, breaking double teams to get to the basket, and hitting mid-range jump shots.

Honorable mention recipients were Palomar baseball player Julian Esquibel, Imperial Valley baseball player Esau Madrigal, Palomar swimmer Wyatt Woodward and Miramar basketball player Peter Wirsing.

Esquibel, a sophomore right-handed pitcher from Vista High School and a 2011 All-PCAC pick, threw six innings of four-hit, shutout ball to pick up the victory, getting 11 ground-ball outs, as the defending conference champion Comets opened their season by beating Santa Ana 7-0. The Dons came in ranked No. 1 in Southern California, the state and on the Pacific Coast.

Madrigal, a sophomore from Calexico High School, pitched five innings of two-hit ball, striking out 10 and holding Barstow without an earned run as IVC won its opener 10-4. Madrigal was 2-for-3 at the plate with two runs scored, two RBIs and two walks (one intentional).

Woodward, a freshman from Palm Springs High School, won the opening-day pentathlon as Palomar's men's team swam away with the team title at the two-day Waterman Invitational, scoring 571 points.

Wirsing, a 6-foot-7 forward from University High School who has a 3.75 GPA, had 21 points and seven rebounds, going 6-for-6 from the floor and 8-8 from the line. He also had a series of key defensive stops for the Jets.

PCAC 2011-2012 MEN'S ATHLETES OF THE WEEK

Sept. 4	David Atoe, San Diego Mesa	Football
Sept. 11	Adam Witzmann, Palomar	Football
	Ansu Sowe, Southwestern	Cross Country
Sept. 18	Rhett Turvey, Palomar	Water Polo
	Hector Munoz, San Diego City College	Soccer
Sept. 25	Tyler Ormsby, Grossmont	Water Polo
Oct. 2	Matt Marsden, Palomar	Water Polo
	Petros Temesgen, San Diego Mesa	Cross Country
Oct. 9	Trey Davis, Grossmont	Water Polo
	Garrett Smerdon, San Diego Mesa	Water Polo
Oct. 16	Lee McCallister, Cuyamaca	Cross Country
Oct. 23	Jeremiah Kose, Palomar	Football
Oct. 30	Dylan Marx, San Diego Mesa	Cross Country
	Aaron Thomas, San Diego Mesa	Cross Country
Nov. 6	Jose Reyes Torres, San Diego City	Soccer
Nov. 13	Stephon Lamar, San Diego City College	Basketball
	Bryan Cook & Jackson Ross, Grossmont	Water Polo
Nov. 27	Jayde Gonzales, Palomar	Wrestling
	Brandon Newman, Imperial Valley	Basketball
Dec. 4	Reynard Rice, Grossmont	Basketball
	Tim Randall, Palomar	Wrestling
Dec. 11	Menas Stephens, San Diego City College	Basketball
	Matt Lewellen, Palomar	Wrestling
Dec. 18	Josue Mulamba, Imperial Valley	Basketball
	Darin Martin, San Diego City College	Basketball
Jan. 1	Chioke Walker, Cuyamaca	Basketball
Jan. 8	Chris Gorman, Palomar	Basketball
	Dominique Moreno, MiraCosta	Basketball
Jan. 15	Alberto Ganis, Miramar	Basketball
Jan. 22	Ian Sutton, Southwestern	Basketball
	Devyn Iglehart, San Diego City College	Basketball
Jan. 29	Baptiste Boucharel, MiraCosta	Basketball
Feb. 5	Marvin Sykes, San Diego City College	Basketball
	Santiago Simental, Miramar	Basketball

