Women’s Athlete of the Week honor goes to City’s Henry

The Pacific Coast Athletic Conference has selected San Diego City College basketball player Samera Henry as its Women’s Athlete of the Week for Dec. 7-13.

Henry, a 6-foot-0 freshman center from Lincoln High School, scored 47 points, hauled down 37 rebounds and went 22-for-35 shooting in three games over the weekend as she led City College to a runner-up finish in its San Diego Knights Colbert Classic at Harry West Gymnasium.

On the first night of the tournament, Henry led the Knights to a 67-53 victory over Taft with 23 points, going 11-for-15 on field goals, and grabbed 14 rebounds.

Henry contributed 11 rebounds in a 51-49 win over PCAC Southern Division rival Imperial Valley in the championship semifinals.

And she had 18 points on an 8-for-11 shooting performance and hauled down 12 rebounds in the championship game, in which Santa Barbara City College held off the Knights 68-54.

In City College’s earlier home opener, Henry led the Knights to a 67-53 victory over Taft with 23 points, going 11-for-15 on field goals, and grabbed 14 rebounds.

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In City College’s earlier home opener, Henry led the Knights over Santa Monica College 78-69 with 21 points, going 10-for-11 from the field and grabbing 12 rebounds.

Honorable mention for the week was awarded to Imperial Valley basketball player Paloma Medina, Grossmont basketball player Dominique Morrison and San Diego City basketball player Mikaelah Wieland.

Medina, a 5-foot-4 sophomore guard out of Brawley Union High School, scored 22 points and also contributed 12 rebounds and three steals as the Arabs began the Knights Colbert Classic with a 74-58 win over Los Angeles Southwest. She scored 11 points in IVC’s semifinal loss to City College. Then she led the Arabs to a 52-51 win over Glendale for third place in the tournament with 19 points, 17 rebounds and three assists.

Morrison, a 5-foot-9 sophomore guard/forward from Santana High School, led the Griffins to a 60-43 win vs. El Camino Compton Center in the consolation semifinals of the Irvine Valley College Tournament with 13 points and 10 rebounds. On the first day of the tournament, Morrison had 17 points and three assists in a 56-47 loss to Rio Hondo. After the win over El Camino Compton Center on the second day, she came back with seven rebounds in a 60-50 defeat to El Camino in the consolation finals.

Wieland, a 5-foot-9 freshman from Montgomery High School, had nine rebounds and four assists for City College in its win over Taft. In the Knights Colbert Classic
championship semifinals, she led City over host Irvine Valley 51-49 with 18 points, six rebounds, three steals and two assists. In the championship game loss to Santa Barbara, she scored 10 points, going 8-for-10 from the free throw line.