

PACIFIC COAST ATHLETIC CONFERENCE / DEC. 12, 2016

**PCAC honors Knights' Henry and Spartans' Searles**

Two basketball players, San Diego City College's Samera Henry and MiraCosta's Teya Searles, have been honored by the Pacific Coast Athletic Conference as Women's Athletes of the Week for Dec. 5-11.

Henry, a 6-foot-1 freshman center from Lincoln High School, recorded three straight double-doubles in leading the host team, San Diego City, to a 2-1 record in the Knights Colbert Classic.

Henry scored 14 points and hauled in 16 rebounds as the Knights opened their own tournament with a 71-49 victory over Victor Valley.

She came back with 16 points and 11 boards as the Knights defeated Los Angeles Southwest 68-47 in a championship semifinal game.

To cap off her performance, Henry scored 29 points and dominated the boards with 20 rebounds in the championship game, an 84-77 loss to Saddleback.

Henry, the Knights' captain, has recorded six double-doubles in her last seven games.

Searles, a 5-foot-8 freshman forward from Temecula's Chaparral High School, scored 51 points, grabbed 41 rebounds and dished off 14 assists as MiraCosta, won two of three games in the Knights Colbert Classic.

Searles contributed three straight double-doubles in the tournament, in an 81-49 loss to Saddleback in the first round, an 86-35 win over Imperial Valley in the consolation semifinals and a 75-70 win over Victor Valley in the consolation championship game.

She had 19 points, 11 rebounds and 4 assists vs. Saddleback, came back with 13 points, 15 rebounds and 3 assists against IVC and finished the tournament with 19 points, 15 rebounds and 7 assists vs. Victor Valley.

Honorable mention went to basketball player Randi Johnson from state No. 4-ranked Mt. San Jacinto. Johnson, a sophomore guard out of Elsinore High School, scored 20 points and collected 8 rebounds as the Eagles were upset by Bakersfield 84-83 in a non-conference game at the Mt. San Jacinto gym. It was the sixth straight win for the Renegades after opening the season 0-4. Mt. San Jac suffered its first loss of the season and is now 9-1.

<b>PCAC 2016-17 WOMEN'S ATHLETES OF THE WEEK</b>		
Sept 5	Robyn Arthur, Grossmont	Volleyball
	Cadie Francis, MiraCosta	Volleyball
Sept 12	Lauren West, Grossmont	Volleyball
	Bailey Williams, San Bernardino Valley	Soccer
Sept 19	Makayla Sua, MiraCosta	Volleyball
Sept 26	Alexia Orenday, San Diego Mesa	Soccer
	Chloe Gruwell, San Diego City College	Volleyball
Oct 3	Megan Kolp, San Diego Miramar	Water Polo
Oct 10	Lichi "Kiki" Liu, College of the Desert	Golf
	Hannah Miller, Grossmont	Volleyball
Oct 17	Izzy Miller, San Diego Mesa	Volleyball
	Grace Busby, Palomar	Soccer
Oct 24	Peyton Brittain, MiraCosta	Soccer
	Kianna Niu, Palomar	Volleyball
Oct 31	Alyssa Hebb, San Bernardino Valley	Cross Country
	Hannah Doonan, Grossmont	Volleyball
Nov 7	Alahna Perez, San Diego Mesa	Soccer
	Kelly Rowan, Palomar	Water Polo
Nov 14	Arianna Rodriguez, S. Bernardino Valley	Soccer
	Tori Dahlberg, San Diego Mesa	Volleyball
Nov 21	Kali Weires, San Diego City College	Volleyball
Nov 28	Giovanni Brown, Grossmont	Volleyball
Dec 5	Alana Wilson, Grossmont	Volleyball
Dec 12	Samera Henry, San Diego City College	Basketball
	Teya Searles, MiraCosta	Basketball