

## City's Contreras is PCAC Women's Athlete of the Week

San Diego City College women's basketball player Prescilla Contreras has been honored by the Pacific Coast Athletic Conference as its Women's Athlete of the Week for the week that ended Sunday.

Contreras, a 5-foot-4 freshman guard from Southwest High School, played 40 minutes apiece in back-to-back games in less than 24 hours, never coming out of either game, for a short-handed City team in its Knights Invitational Tournament.

Contreras contributed 39 points in the two games – 16 points in an 83-51 loss to Oxnard and 23 points in a 75-55 loss to College of the Desert in the consolation semifinals. She hauled down 10 rebounds in the

Oxnard game and went 8-for-14 on field goals and 7-for-10 from the free-throw line vs. COD.

Honorable mention went to basketball players Katie Ratfield (San Diego Mesa), Gabby Robledo (Southwestern), Katie Salyer (MiraCosta) and Kathia Cordero (Palomar).

Ratfield, a 5-7 sophomore guard from Modesto Christian High School, contributed 17 points and three steals as the Olympians defeated COD 50-35 for the consolation championship at the Knights Invitational. She also helped Mesa give Taft, the eventual tournament champion which is 11-5 on the season, a battle to a 67-60 loss and also helped the Olympians hand MiraCosta a 68-42 defeat in the consolation semifinals.

Robledo, who had been honored as PCAC Athlete of the Week two weeks ago, had 17 rebounds and 10 assists for Southwestern in two games at the Erin Tomlinson Coast Christmas Classic at Orange Coast. The 5-9 freshman guard from Olympian High School had nine points, nine rebounds and five assists in a 58-43 loss to tournament host Orange Coast. The following day, Robledo scored 14 points, grabbed eight rebounds and passed off for five assists in a 64-61 defeat against Cuesta.

Salyer, a 5-4 sophomore guard from Piedmont (CA) High School, scored 25 points and was 16-for-17 from the free throw line in MiraCosta's losses to Victor Valley (80-51) and Mesa in the Knights Invitational. She tallied 11 points and was 9-for-9 from the line against Victor Valley, and had 14 points while going 7-for-8 from the line vs. Mesa.

Cordero, a 5-11 freshman center from Vincent Memorial Catholic High School in Calexico who reported late after red-shirting for the Comets in volleyball, pulled down 10 rebounds in a 44-42 loss to Irvine Valley and had 12 points and six boards in a 71-58 loss to a 12-3 Chaffey team in the consolation semifinals at the Coast Christmas Classic.

<b>PCAC 2011-2012 WOMEN'S ATHLETES OF THE WEEK</b>		
Sept. 4	Savannah Allen, San Diego City College	Volleyball
Sept. 11	Ayded Reyes, Southwestern	Cross Country
	Alina Duran, San Diego Mesa	Water Polo
Sept. 18	Denise Devine, Grossmont	Volleyball
	Allyson Sherwood, San Diego Mesa	Soccer
Sept. 25	Taylor Crandall, Palomar	Golf
	Danielle Deeb, Miramar	Soccer
Oct. 2	Jacquelyn Stewart, Cuyamaca	Soccer
	Chelsea Almario, Grossmont	Volleyball
Oct. 9	Asia Machitar, San Diego Mesa	Volleyball
	Ashlee Smith, San Diego Mesa	Water Polo
Oct. 16	Naomi Tilford, San Diego Mesa	Volleyball
	Stephanie Kranz, MiraCosta	Soccer
Oct. 23	Heather Chance, Palomar	Water Polo
	Sandra Castro, Miramar	Soccer
Oct. 30	Gabriella Clark, Grossmont	Volleyball
	Kate Newman, San Diego Mesa	Soccer
Nov. 6	Laura Kohl, Cuyamaca	Soccer
	Jaycee Arthur, Palomar	Volleyball
Nov. 13	Monik Richardson, Grossmont	Volleyball
	Mojgan Malekpour, San Diego Mesa	Water Polo
Nov. 27	Samantha Stiles, Miramar	Soccer
	Jontae Campbell, Miramar	Soccer
Dec. 4	Gabby Robledo, Southwestern	Basketball
Dec. 11	Angelina Hix, MiraCosta	Basketball
Dec. 18	Prescilla Contreras, San Diego City	Basketball