

PACIFIC COAST ATHLETIC CONFERENCE / SEPT. 5, 2016

Jags' Hudson, Wolverines' Zaragoza share AOTW honors

Southwestern College football quarterback Joe Joe Hudson and San Bernardino Valley soccer forward Fred Zaragoza have been named as the Pacific

<u>PCAC 2015-16 MEN'S ATHLETES OF THE WEEK</u>		
Sep 5	Joe Joe Hudson, Southwestern	Football
	Fred Zaragoza, San Bernardino Valley	Soccer

Coast Athletic Conference's first Men's Athletes of the Week for the first two weeks of 2016-17.

Hudson, a sophomore out of St. Augustine High School, led the Jaguars to a 34-28 season-opening victory over Palomar by hitting on 35-of-53 pass attempts for 318 yards and three touchdowns. He also rushed five times for 37 yards.

Zaragoza, a freshman from Desert Mirage High School in Thermal, started the season with two goals and an assist in back-to-back victories over Santa Barbara City College 2-0 and Santiago Canyon 2-0. Zaragoza scored an unassisted goal against the Vaqueros and had a goal and an assist in the win over the Hawks.

Honorable mention was awarded to Grossmont football players Jordan Ellis and Brad Cagle, Palomar football player Josh Bernard and San Diego City College soccer player Francisco Contreras.

Ellis, a freshman cornerback from Valhalla High School, intercepted two passes in the Griffins' 49-21 season-opening win over San Diego Mesa, returning one of them 105 yards for a touchdown.

Cagle, who quarterbacked El Capitan High School to a 14-1 record and a trip to the state Division III championship game two years before gray-shirting at Grossmont last season, connected on 19-of-35 passes for 355 yards and four TDs against the Olympians.

Bernard, the Palomar's freshman running back from Oceanside High School, rushed for 55 yards, caught nine passes for 102 yards and a touchdown and added 111 yards on five kickoff returns to total 268 all-purpose yards against Southwestern. He also recovered an onside kick.

Contreras, a midfielder out of Castle Park High School, began his sophomore season on a roll, scoring five goals in the Knights' first three games. After scoring the City College score in a 4-1 opening loss to Golden West, he came back with a hat trick, including two unassisted goals, to lead the Knights past Victor Valley 3-0. Then he contributed another unassisted goal in a 3-1 win over Chaffey.