The title of the talk references a Tupac Shakur poem called “The Rose That Grew From Concrete”, which became a song of the same name. Dr. Duncan-Andrade uses this poem from Tupac to illustrate the concept that some urban youth are growing up in conditions that cause stress to body and mind. Rather than lamenting the deficits that children may exhibit we should celebrate their tenacity, their grit and will to keep on going (despite their ‘damaged petals’).