

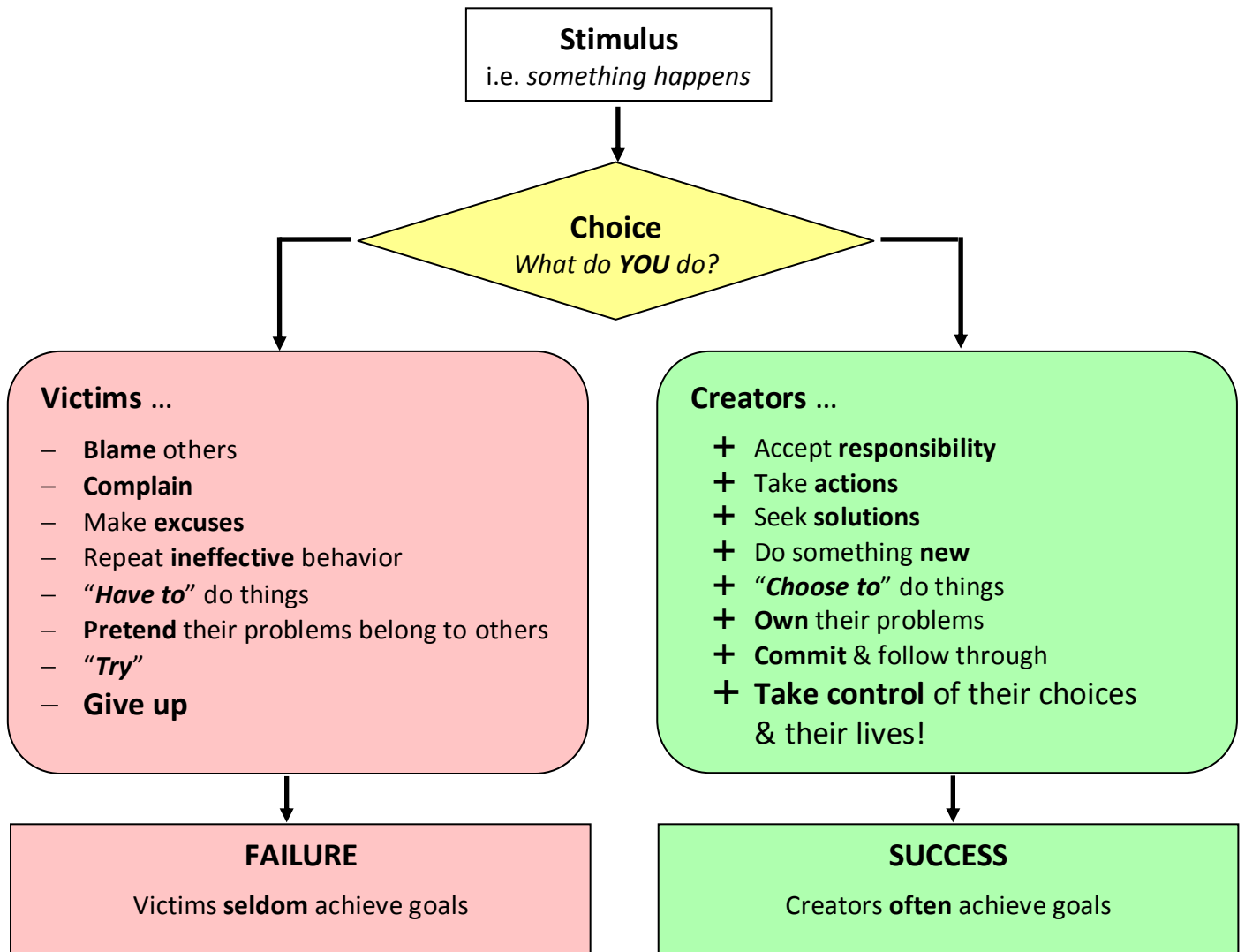
What is self-responsibility? Why is it the key to controlling the outcomes and experiences of your life? When faced with a choice, do **YOU** choose the role of **Victim** or **Creator**?

When people keep doing what they've been doing even when it doesn't work, they are acting as

VICTIMS

When people change their beliefs and behaviors to create the best results they can, they are acting as

CREATORS



MESA students are **CREATORS!** They take responsibility, take control of their choices, own the MESA Foundation for Learning, use MESA resources, and achieve their goals. It's a matter of attitude.

Need help? Speak with the MESA Counselor about being a Creator and taking more control of your choices.

*Reference: Downing, Skip. *On Course: Strategies for Creating Success in College and in Life.*