MEDICAL AND NURSING SERVICES

**Free services**
- Physician and nurse practitioner appointments
- Walk-in to see a registered nurse
- Nursing assessments
- Care, treatment, and diagnostic services
- Blood pressure monitoring
- Community referrals
- Basic vision testing
- Health education
- Help with accident and injury reports
- Single dose “over-the-counter” medicines
- Assistance to stop smoking
- Condoms
- Nutrition counseling
- Vaccination consultation and referral

**Other services for a fee**
- Physical examinations
- TB skin testing
- Gynecological exams/PAP smears/Pregnancy testing
- Emergency contraception (Plan B)
- STI testing and referrals
- Low cost lab tests
- Low cost prescription medications

*Services are provided for SDCC students who are currently enrolled and attending classes.*

**FOR HOURS AND APPOINTMENTS:**
619.388.3450

*AED Automated External Defibrillator*
Available at numerous campus locations.
Our professional staff provide support and information regarding:

- Anxiety or stress
- Continued sadness
- Relationship and family issues
- Divorce or separation
- Difficulty concentrating
- Work-related problems
- Anger management
- Difficulty coping with life issues
- Healthy living
- Difficulty sleeping
- Other psychological issues
- Dedicated veteran services and support

Individual, couples, and group counseling is provided by licensed clinicians and interns in a confidential, supportive, and culturally sensitive environment. Case management and links to community resources/services are also provided.

Services are offered free of charge to all students currently enrolled and attending San Diego City College.

FOR INFO AND APPOINTMENTS:
A-221 | 619.388.3539
sdcity.edu/MentalHealthCounseling

Mental Health Emergencies?
ACCESS AND CRISIS LINE
1.888.724.7240