

PACIFIC COAST CONFERENCE

FINAL REGULAR SEASON 2008-09 WOMEN'S BASKETBALL

	CONF		ALL	
	W	L	W	L
Palomar – X	14	0	26	4
Grossmont	11	3	21	10
MiraCosta	10	4	17	11
Southwestern	7	7	12	14
San Diego City	6	8	12	15
Imperial Valley	5	9	7	22
San Diego Mesa	2	12	3	25
Cuyamaca	1	13	5	21
X – Won championship				

RECENT RESULTS

Sat., Feb. 21

Palomar 71, Imperial Valley 54

PAL – Katie Girten 20 PTS, 7 RB; Kristin Marquardt 14 PTS, 11 RB

IVC – Tasha Roberts 15 PTS, 11 RB; Debbie Bustamonte 12 PTS

MiraCosta 67, Grossmont 50

MCC – Tiffany Hunter 21 PTS, 15 RB

GRO – Phylisia Schultz 10 PTS; Brittany Robinson 8 RB

Southwestern 72, Cuyamaca 54

SWC – Tricia Lagpacan 14 PTS; Chelsea Jugo 13 PTS; Trecia Owens 11 PTS, 10 RB

San Diego City College 70, San Diego Mesa 50

SDC – Kim Novak 18 PTS, 9 RB; Sarah Fernandez 17 PTS; Amber Browner 11 RB

SDM – Katherine Gerlek 14 PTS; Joy Till 12 PTS, 13 RB

ALL-PACIFIC COAST CONFERENCE

WOMEN'S BASKETBALL TEAM 2008-09

Player of the Year

Katie Girten, Palomar

Coach of the Year

Dan Mulville, MiraCosta

First Team

Katie Girten, Palomar, So, 5-7 G

Lakenya Simon-West, Grossmont, So, 5-8, G

Kristin Marquardt, Palomar, So, 6-0, F

Tiffany Hunter, MiraCosta, So, 5-9, F

Tasha Green, Imperial Valley, So, 5-10, C

Mercedes Griffis, Southwestern, So, 5-11, F

Kiara Stinson, Palomar, Fr, 5-3, G

JaMaisa Allen, Cuyamaca, So, 5-5, G

Ana Covarrubias, Imperial Valley, Fr, 5-7, G

Sage LeBlanc, MiraCosta, So, 5-5, G

Gina Knox, San Diego City College, Fr, 5-5, G

Honorable Mention

Palomar – Lauren Matheney, JaDawn Holler; Grossmont – Michelle Gonzalez, Brittany Robinson, Ashley McWhorter;

MiraCosta – Megan Conroy; Southwestern – Chelsea Jugo; San Diego City – Niki Novak; Jennifer Valentine; Sarah

Fernandez; Imperial Valley – Tarsha Roberts; San Diego Mesa – Anessa Jamison, Katherine Gerlek, Joy Till; Cuyamaca –

Trina Clark, Tiffany Tuson

LEADERS

Scoring (All games)

Ana Covarrubias, IVC – 29 games, 609 pts, 21.0 ppg

LaKenya Simon-West, Grossmont – 31, 550, 17.7

JaMaisa Allen, Cuyamaca – 18, 302, 16.8

Tiffany Hunter, MiraCosta – 27, 437, 16.2

Katie Girten, Palomar – 30, 462, 15.4

Tagisia Togisala, Southwestern – 16, 229, 14.3

Ashley McWhorter, Grossmont – 41, 434, 14.0

Sarah Fernandez, San Diego City College – 21, 251, 12.0

Megan Conroy, MiraCosta – 24, 270, 11.3

Kristin Marquardt, Palomar – 30, 299, 10.0

Scoring (Conference games only)

Ana Covarrubias, IVC – 14, 316, 22.6
LaKenya Simon-West, Grossmont – 14, 261, 18.6
Katie Girten, Palomar – 14, 222, 15.9
Tiffany Hunter, MiraCosta – 14, 210, 15.0
Gina Knox, San Diego City College – 14, 197, 14.1
Trina Clark, Cuyamaca – 9, 122, 13.6
Ashley McWhorter, Grossmont – 14, 180, 12.9
Kristin Marquardt, Palomar – 14, 166, 11.9
Megan Conroy, MiraCosta – 14, 166, 11.9
Sarah Fernandez, San Diego City College – 11, 139, 11.9
Jennifer Valentine, San Diego City College – 14, 131, 11.6
Annessa Jamison, San Diego Mesa – 13, 150, 11.5

Field Goal Percentage (All games)

JaDawn Holler, Palomar – 82-170, .482
Chelsea Johnson, MiraCosta – 26-55, .473
Kristin Marquardt, Palomar – 123-263, .468
Tiffany Hunter, MiraCosta – 153-330, .464
Trisha Lagpacan, Southwestern – 53-116, .457
Katherine Gerlek, San Diego Mesa – 87-191, .455
Lauren Matheney, Palomar – 100-223, .448
Katie Girten, Palomar – 154-139, .441

Field Goal Percentage (Conference games only)

Phylcia Schultz, Grossmont – 24-42, .571
JaDawn Holler, Palomar – 52-103, .505
Lauren Matheney, Palomar – 59-121, .488
Mercedes Griffis, Southwestern – 33-69, .478
Kristin Marquardt, Palomar – 73-153, .477
Melanie Wilkerson, Palomar – 20-42, .476
Tiffany Hunter, MiraCosta – 74-162, .457
Katie Girten, Palomar – 70-179, .451

3-Point Percentage (All games)

Ja Dawn Holler, Palomar – 16-38, .421
Katie Girten, Palomar – 53-138, .384
JaMaisa Allen, Cuyamaca – 41-111, .369
Brianna Durant, Grossmont – 20-55, .364
LaKenya Simon-West, Grossmont – 90-261, .345
Calissa Fletcher, San Diego City College – 41-121, .339
Megan Conroy, MiraCosta – 30-89, .337

3-Point Percentage (Conference games only)

Brianna Durant, Grossmont – 13-30, .433
Calissa Fletcher, San Diego City College – 23-63, .365
Megan Conroy, MiraCosta – 20-55, .364
LaKenya Simon-West, Grossmont – 50-141, .355
Kayla Gibbs, Southwestern – 20-57, .351

Free Throw Percentage (All games)

Katie Girten, Palomar – 81-102, .794
Kiara Stinson, Palomar – 96-121, .793
Ana Covarrubias, Imperial Valley – 153-196, .781
Calissa Fletcher, San Diego City College – 23-30, .767
JaDawn Holler, Palomar – 25-33, .758
LaKenya Simon-West, Grossmont – 90-122, .738

Free Throw Percentage (Conference games only)

Calissa Fletcher, San Diego City College – 14-17, .824
Melanie Wilkerson, Palomar – 27-34, .794
Katie Girten, Palomar – 41-54, .759
Sarah Fernandez, San Diego City College – 43-57, .754
Amy Tucker, MiraCosta – 21-28, .750

Rebounds (All games)

Tasha Green, IVC -- 29 games, 157 off/176 def -- 333, 11.5 per game
Brittany Robinson, Grossmont – 31, 90/225 – 315, 10.2
Mercedes Griffis, Southwestern – 21, 91-124 – 215, 10.2
Tiffany Hunter, MiraCosta – 27, 91/159 – 250, 9.3
Josephine Zomayah, Cuyamaca – 19, 50/112 – 162, 8.5
Tarsha Roberts, IVC – 29, 104-135 – 239, 8.2
Niki Novak, San Diego City College – 26, 108/104 – 212, 8.2
Katherine Gerlek, San Diego Mesa – 27, 69/150 – 219, 8.1
Amber Browner, San Diego City College – 27, 82/120 -- 202, 7.5

Rebounds (Conference games only)

Tasha Green, IVC – 14 87/83 – 170, 12.1
Brittany Robinson, Grossmont – 14, 47/108 -- 155, 11.1
Mercedes Griffis, Southwestern – 9, 39/55 – 94, 10.4
Katherine Gerlek, San Diego Mesa – 14, 42/89 – 131, 10.0
Tiffany Hunter, MiraCosta – 14, 52/87 – 139, 9.9
Tarsha Roberts, IVC – 14, 54/79 – 133, 8.9
Kristin Marquardt, Palomar – 14, 53/70 – 123, 8.8
Josephine Zomayah, Cuyamaca – 9, 22/56 – 78, 8.7
Niki Novak, San Diego City College – 14, 60/59 – 110, 8.5

Assists (All games)

Kiara Stinson, Palomar – 30 games, 120 assists, 4.0 per game
Tagisia Togisala, Southwestern – 16, 60, 3.8
Michelle Gonzalez, Grossmont – 31, 113, 3.6
Jennifer Valentine, San Diego City College – 26, 86, 3.3
Natalie Del Bene, Grossmont – 31, 93, 3.0
Katie Girten, Palomar – 30, 89, 3.0
Sage LeBlanc, MiraCosta – 27, 69, 2.6
Brittany Robinson, Grossmont – 31, 76, 2.5

Assists (Conference games only)

Kiara Stinson, Palomar – 14, 60, 4.3
Katie Girten, Palomar – 14, 54, 3.9
Michelle Gonzale, Grossmont – 14, 59, 4.2
Jennifer Valentine, San Diego City College – 14, 59, 4.2
Sage LeBlanc, MiraCosta – 14, 46, 3.3
Brittany Robinson, Grossmont – 14, 39, 2.8
Calissa Fletcher, San Diego City College – 13, 38, 2.9
Tiffany Depfer, Southwestern – 9, 25, 2.8
Kristin Marquardt, Palomar – 14, 38, 2.7
Natalie Del Bene, Grossmont – 14, 38, 2.7

Steals (All games)

Michelle Gonzalez, Grossmont – 31 games, 88 steals, 2.8 per game
Tagisia Togisala, Southwestern – 16, 44, 2.8
Brittany Robinson, Grossmont – 31, 73, 2.4
LaKenya Simon-West, Grossmont – 31, 64, 2.1
Jennifer Valentine, San Diego City College – 26, 52, 2.0
Trina Clark, Cuyamaca – 21, 42, 2.0
Tiffany Tuson, Cuyamaca – 21, 41, 2.0
Tasha Green, IVC – 29, 53, 1.8
Ana Covarrubias, IVC – 29, 52, 1.8

Steals (Conference games only)

Michelle Gonzalez, Grossmont – 14, 40, 2.9
LaKenya Simon-West, Grossmont – 14, 33, 2.4
Brittany Robinson, Grossmont – 14, 32, 2.3
Katie Girten, Palomar – 14, 28, 2.0
Ana Covarrubias, IVC – 14, 28, 2.0
Kristin Marquardt, Palomar – 14, 26, 1.9

Blocks (All games)

Sarah Fernandez, San Diego City College – 21 games, 37 blocks, 1.8 per game
Lauren Matheney, Palomar – 30, 33, 1.1
Amber Browner, San Diego City College – 27, 26, 1.0
Annie Mae Horne, Cuyamaca – 19, 19, 1.0
JaDawn Holler, Palomar – 30, 25, 0.8
Niki Novak, San Diego City College – 26, 21, 0.8

Blocks (Conference games only)

Sarah Fernandez, San Diego City College – 11, 25, 2.3
Lauren Matheney, Palomar – 14, 17, 1.2
Ja Dawn Holler, Palomar – 14, 15, 1.1
Amber Browner, San Diego City College – 14, 15, 1.1
Katherine Gerlek, San Diego Mesa – 14, 14, 1.0