

**SAN DIEGO CITY COLLEGE
FITNESS CENTER**

FACULTY/STAFF REGISTRATION

Fall 2009

The City College Exercise Science Department is pleased to announce that the Fitness Center will be available to any interested faculty or staff member upon payment of a small fee and completion of a registration form each semester.

Participants must attend during the class times that are offered during the fall semester. Check your fall 2009 City course schedule on page 34 for times and dates.

Participants may use all of the facilities, including Harry West Gymnasium locker rooms and showers, during normal hours of center operation.

QUESTIONS????? Please call Paul Greer (388-3704)

To register, please complete and return to the Fitness Center

NAME: _____ SS#: _____

SCHOOL _____ Phone: _____

ADDRESS: _____ Position: _____

Please enclose a \$20, non-refundable processing fee. Make checks payable to SDCC Foundation/Fitness.

Please read and sign:

I agree to utilize the Fitness Center only during my non-working hours. I understand that I will be utilizing the Fitness Center at my own risk, and I will be responsible for receiving instruction in appropriate safety precaution, equipment usage and Fitness Center policies and procedures. I understand that any program of physical fitness should be undertaken with the approval of my physician.

Signed: _____

Date: _____

San Diego City College Faculty/Staff Orientations
Fall 2009

Wednesday	September 2	12:00pm
Wednesday	September 9	12:00pm
Wednesday	September 16	12:00pm
Wednesday	September 23	12:00pm
Wednesday	September 30	12:00pm
Wednesday	October 7	12:00pm
Wednesday	October 14	12:00pm
Wednesday	October 21	12:00pm
Wednesday	October 28	12:00pm
Wednesday	November 4	12:00pm
Wednesday	November 11	12:00pm
Wednesday	November 18	12:00pm
Wednesday	December 2	12:00pm
Wednesday	December 9	12:00pm
Wednesday	December 16	12:00pm