



# News and Notes

from the  
**Office of the President**

Announcements ♦ Updates ♦ Meetings ♦ Events

September 01, 2008

Volume 2

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## Chancellor's Forum at City College

Please join your colleagues at City College in attending a presentation and open forum with the Chancellor to discuss issues affecting the District and plans for the future.

Date: Tuesday, September 9, 2008  
Place: D-121A/B, Faculty/Staff Dining Room  
Time: 3:00 p.m. - 4:00 p.m.

Flex Credit Available. Sign up for Workshop [49491](#) - Chancellor's Forum. (President Burgess)

## President's Note

August 23, 2008 Enrollment Update: City College FTES is up 5.9% compared to the same week last fall. SDCCD classes are filling at a greater rate this fall than last fall (81% as compared to 74%). Terry

## Meetings of the Week

<b>Monday</b>	9/01/08			
<b>Tuesday</b>	9/02/08	2:00 p.m.	President's Council	D-102
<b>Wednesday</b>	9/03/08	9:30 a.m.	Instructional Cabinet	D-102
<b>Thursday</b>	9/04/08	1:00 p.m.	Environmental Stewardship Committee	B-104
<b>Friday</b>	9/05/08			

## Calendar of SDCCD Board Meetings

SDCCD Board Meetings		
Date	Time	Location
Thursday, September 11	4:00 p.m.	District
Thursday, September 25	4:00 p.m.	City
Thursday, October 9	4:00 p.m.	District
Thursday, October 23	4:00 p.m.	Mesa
Thursday, November 25	4:00 p.m.	District
Thursday, December 11	4:00 p.m.	District

## Submissions

Please e-submit ALL Bulletin articles directly to Barbara Butler and Lydia Gonzales in the President's Office by 12:00 p.m. on Thursdays one week prior to publication. Thank you.

Evening and Weekend Administrator:  
Cellular Phone  
(619) 559-3468

## Campus Construction Project Updates and Notices

On City's homepage, simply click on the **AT WORK FOR CITY COLLEGE** graphic on lower left column.



For all construction project updates and notices, please go to: <http://www.sdcity.edu/buildingupdates/default.asp>.

## Accreditation Updates

### Self-Study/Accreditation Opportunity

The Accreditation/Self-Study Steering Committee was established in the spring of 2008, and we have begun the work to prepare for this process. In 2004, City College was given full accreditation for the six-year cycle. This accredited status allows our students to receive credit at other institutions for the units they have taken here and it allows them to receive various forms of government financial aid. The self-study will be finalized in spring of 2010, and the Accreditation team will visit our campus in the fall of that year.

Participation in this process gives us the opportunity to review what we do and identify our strengths as well as areas for improvement. If you are interested in participating on one of the Standard committees, please check out our webpage at <http://www.sdcity.edu/accreditation/default.asp>. Here you can find out information about the 4 standards, the co-chairs, and choose the area where you want to participate. Then, e-mail the co-chairs to find out meeting times.

(Roberta Alexander, Professor of English & Peter White, Vice President of Student Services)

## Campus Events

Many new events are added throughout the semester. To add your event, simply click on the SUBMIT YOUR EVENT graphic at [www.sdcity.edu/events.asp](http://www.sdcity.edu/events.asp).

October 3 - 4 3rd Annual San Diego City College International Bookfair



World Cultures: [www.sdcity.edu/world\\_cultures](http://www.sdcity.edu/world_cultures)



Saville Theatre: [www.sdcity.edu/saville\\_theatre](http://www.sdcity.edu/saville_theatre)



Athletic events: <http://www.sdcity.edu/athletics>



## Committee Reports

Committee Reports can be found in your Outlook mail under Public Folders or on the websites below.

Academic Senate Executive	<a href="http://www.sdcity.edu/academicssenate">www.sdcity.edu/academicssenate</a>	Flex Committee	<a href="http://www.sdcity.edu/faculty-staff.asp">www.sdcity.edu/faculty-staff.asp</a>
Academic Senate	<a href="http://www.sdcity.edu/academicssenate">www.sdcity.edu/academicssenate</a>	Institutional Assessment Committee	
Chairs' Cabinet		Instructional Services Council	
Curriculum		Institutional Technology Council	
Curriculum Tech Review		Master Planning & Resources Oversight Council	
Environmental Stewardship Committee	<a href="http://www.sdcity.edu/esc">www.sdcity.edu/esc</a>	Review of Services	
Foundation Board Meeting		Student Services Council	

**Green Speaker Series - Presented by City's Environmental Stewardship Committee**  
**For complete calendar: [www.sdcity.edu/esc](http://www.sdcity.edu/esc)**

Green Speaker Series				
Date	Speaker	Time	Place	Subject
Thursday, September 2	Jeff Zlotnik - Director of Red Lotus Society	11:25 a.m. – 12:30 p.m.	D-104	Meditation techniques. Relieve stress. <a href="http://www.redlotussociety.org">www.redlotussociety.org</a>
Tuesday, September 9	Rachel Borgatti, Manager, Solana Center	11:25 a.m. – 12:30 p.m.	D-121B	Worm bins. Reduce waste. <a href="http://www.solanacenter.org">www.solanacenter.org</a>
Thursday, September 18	Scott Murray, President, Slow Food San Diego	11:25 a.m. - 12:30 p.m.	D-121B	Counteract fast food. Support local farmers and artisans. <a href="http://www.slowfoodsandiego.org">www.slowfoodsandiego.org</a>

**Environmental and Health Concerns**



To avoid chemical leaching into food, go easy on processed, canned or fast foods and never microwave plastic. <http://www.thegoodhuman.com>. (Environmental Stewardship Committee)

Five ways to show your love today:

1. Plant a tree.
2. Take a shorter shower.
3. Walk instead of drive.
4. Don't print at least once.
5. Skip the foil and plastic wrap.

(Environmental Stewardship Committee)

**Athletic Information**

**Fitness Tip: The Food Guide's Pyramid Recommended Servings**

The food pyramid provides a guide for daily food choices and shows that plant foods are the foundation of a healthy diet. With respect to the five food groups its recommended you use fats, oils and sweets sparingly; 2-3 servings of milk, yogurt and cheese; 3-5 servings of vegetables; 2-3 servings of meat, poultry, fish, dry beans, eggs and nuts; 2-4 servings of fruit and 6-11 servings of bread, cereal, rice and pasta.

Fruits and vegetables are not all created equal so which plants have the greatest nutritional effect?

Recommended foods from the fruit group:

1. Oranges
2. Strawberries
3. Kiwi
4. Cantaloupe
5. Peaches and nectarines
6. Grapes

(Greer)

Recommended foods from the vegetable group:

1. Broccoli
2. Spinach
3. Peppers
4. Sweet potatoes
5. Onions
6. Tomatoes

# Jazz 88 Ocean Beach Jazz Festival

SUNDAY, SEPTEMBER 7, 2008 12-7PM • NEWPORT AVE BY THE PIER



The Clayton Hamilton Jazz Orchestra [5:30 pm]



Kevin Mahogany's Kansas City Revue [3:55 pm]



The Bad Plus [2:35 pm]



Brasiaia [1:05 pm]



Jazz 88 All Stars [Noon]

For concert info:  
[www.objazz.org](http://www.objazz.org)  
Gates Open 11AM | Music Noon-7PM

