



News and Notes

from the Office of the President

Announcements ♦ Updates ♦ Meetings ♦ Events

March 09, 2009

Volume 22

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Meetings of the Week

Monday	3/09/09	10:00 a.m.	Health & Safety Meeting	D-121A	
			1:00 p.m.	Review of Services Meeting	D-121A
Tuesday	3/10/09	2:00 p.m.	President's Council	Canceled	
Wednesday	3/11/09	2:00 p.m.	Tech Review	B-104	
			2:00 p.m.	Institutional Technology Council	R-108
			3:30 p.m.	Master Planning & Resources Oversight Council	D-102
Thursday	3/12/09				
Friday	3/13/09				

Calendar of SDCCD Board Meetings

SDCCD Board Meetings		
Date	Time	Location
Thursday, March 12	4:00 p.m.	District
Thursday, March 26	3:30 p.m. 4:00 p.m.	Board Open Door Session Miramar
Thursday, April 16	4:00 p.m.	District
Tuesday, April 28	3:30 p.m. 4:00 p.m.	Board Open Door Session ECC
Thursday, May 14	4:00 p.m.	District
Thursday, June 11	4:00 p.m.	District

Accreditation Update - www.sdcity.edu/accreditation

We are in the process of gathering information for the 2010 accreditation self-study report and site visit. We need your feedback. If you haven't already done so, please take a moment to take the Employee Feedback Survey.

The results from the survey will be used to provide information for the self-study reports, and they will help us understand what we're doing well and what we need to improve at our college. Your responses will remain strictly confidential and no individual identifiable information will be reported.

Please click here to start the survey:

<http://www.zoomerang.com/Survey/survey.zqi?p=WEB228SQ4R2KGH>

Thanks for your help!

Roberta Alexander, faculty co-chair
Peter White, administrative co-chair

Submissions

Please submit ALL Bulletin articles directly to Barbara Butler and Erin Flanagan in the President's Office by 12:00 p.m. on Thursdays one week prior to publication.
Thank you.

Evening and Weekend Administrator:
Cellular Phone
(619) 559-3468

Campus Construction Project Updates and Notices

On City's homepage, simply click on the AT WORK FOR CITY COLLEGE graphic on lower left column.

For all construction project updates and notices, please go to:

<http://www.sdccollege.edu/buildingupdates/default.asp>.



Campus Events

Many new events are added throughout the semester. To add your event, simply click on the SUBMIT YOUR EVENT graphic at www.sdccollege.edu/events.asp.



Saville Theatre: www.sdccollege.edu/savilletheatre

World Cultures: <http://www.sdccollege.edu/worldcultures/pdf/WC-EVENTS.pdf>

Monday, March 9 - International Women's Day

Tuesday, March 10 - Birgit Steininger, "Horticultural Healing" Lecture

Wednesday, March 11 - Professor Alondra Nelson, "MT-DNA Research on African American Origins"

Thursday, March 12 through March 22 - Latino Film Festival

Saturday, March 14 - City College/KSDS CMEA Education Jazz Festival

Tuesday, March 24 - Professor Haddad, "Arabs in History" Lecture

Athletic events: <http://www.sdccollege.edu/athletics>

City College Book Sale

On Wednesday, March 11, 2009 we will have the 12th City College Book Sale event at Gorton Quad from 8:00 a.m. to 7:00 p.m. Please support this cause with your donation of books (textbooks and children's books) that will aid City College library and also help our students.

Additionally, we need volunteers to take care of sales booth work. I am appealing, on behalf of the Learning Resource Center committee, to the entire college community to offer all the help you can in kind and service. If you are able to volunteer to sit at the book sale counter for an hour or two or donate books, please contact Jose Salgado(388-3874; jsalgado@sdccd.edu).

We invite you and your students to come and purchase good books at bargain prices. Please announce this event to your class. Thank you in advance for all your help to City College Library. Books can be delivered to our Circulation Center on the main floor of the LRC, no magazines please. (Gurumurthy)

City College Faculty - Staff Resources

For current updates: www.sdccollege.edu/faculty-staff.asp

- ★ District Resources
- ★ Directories
- ★ Web Site Updating and Development
- ★ Communications/Publications Guidelines
- ★ Forms/Procedures/Applications
- ★ President's Bulletin
- ★ Meetings Calendar
- ★ Faculty/Staff Fitness Center Calendar
- ★ Sites of Interest We Host

Committee Reports

Committee Reports can be found in your Outlook mail under Public Folders.

Flex Committee www.sdccity.edu/faculty-staff.asp
Academic Senate www.sdccity.edu/academicssenate
Chairs' Cabinet
Curriculum
Curriculum Tech Review
Environmental Stewardship Committee www.sdccity.edu/esc
Foundation Board Meeting

Institutional Assessment Committee www.sdccity.edu/iaac
Instructional Services Council
Institutional Technology Council
Master Planning & Resources Oversight Council
Review of Services
Student Services Council

Teach in Florence, Italy Spring 2010

The SDICCCA study abroad consortium is recruiting two faculty from its member colleges to teach in Florence, Italy during Spring 2010, under the auspices of Southwestern College. Faculty in the area of the arts, humanities, social sciences, and literature are preferred. Tenured faculty members are eligible to apply. Selection criteria include appropriateness of teaching your proposed IGETC classes abroad, proposed adaptation of courses to delivery in Italy, experience in and/or knowledge of the host country, demonstrated cultural awareness, sensitivity and competence, experience as a group leader including problem solving, a strong desire to work with students during extracurricular activities, and awareness and competence in non-academic roles to be assumed during the program.

Application deadline is **Thursday, March 5 at 4:00 p.m.** For application materials and questions, please contact Marion Froehlich, 619.388.3652, mfroehli@sdccd.edu. (Froehlich)

INFORMATION MEETING – SPANISH IMMERSION IN CUERNAVACA, MEXICO, SUMMER 2009

Come learn more about City's 7th annual Spanish immersion program to Cuernavaca, Mexico during summer 2009 at an information meeting to be held on Monday, March 16 from 12:30 – 1:30 p.m. in Room B-104. A two-week option is available from June 20 – July 4 and a four-week option from June 20 – July 18. Participants will live with Mexican host families where three daily meals will be served. All levels of Spanish are offered from beginning to advanced.

Excursions are included to Mexico City, Teotihuacan, and Puebla. Don't miss this great personal and professional development opportunity! For more information, please contact Marion Froehlich at mfroehli@sdccd.edu or x3652. (Froehlich)

Environmental Stewardship Committee



Farmer's Market every Tuesday 9:30 - 11:30.
Come get your fresh organic veggies - cultivated with love by City College students.
Please bring your own bag.



(Klippel)

Athletic Information

Fitness Tip: [What is a Carbohydrate?](#)

There are different types of carbohydrates in foods: (1) Simple, such as sucrose, (2) Fruit (fructose), (3) Milk (lactose) sugars; and (4) Complex carbohydrates, known as starches, in breads, potatoes, beans, pastas and cereals. When you eat either of these types of carbohydrates, your body breaks them down into glucose, the circulating form of simple carbohydrate in your bloodstream. This is what your body uses for energy.

After you eat any type of carbohydrate, your body either uses the glucose as energy right away, stores it in your muscles and liver, or if you overeat calories, then it stores it as fat. If the glucose is stored in your muscles, it is first transformed into glycogen, the storage form of glucose. When needed as energy, glycogen is taken out of storage and changed back into glucose. (Greer)