

SAN DIEGO CITY COLLEGE
NURSING EDUCATION 102
FUNDAMENTAL NURSING CONCEPTS AND SKILLS I

CLINICAL PERFORMANCE OBJECTIVES

Upon completion of this unit of study and when assigned a client, the learner will utilize effective critical thinking skills in each clinical situation and function as a:

PROVIDER OF CARE by demonstrating the following competencies:

1.0 Assessment:

- 1.1 Obtain a health history utilizing appropriate interviewing techniques
- 1.2 Apply theoretical concepts to the clinical situation by identifying:
 - 1.2.1 unmet needs
 - 1.2.2 knowledge deficits
- 1.3 Identify changes in health status that affect the client's ability to meet needs
- 1.4 Perform a beginning level nursing assessment on at least three clients considering:
 - 1.4.1 oxygenation
 - 1.4.2 circulation
 - 1.4.3 comfort
 - 1.4.4 activity/rest/sleep
 - 1.4.5 skin integrity
 - 1.4.6 nutrition
 - 1.4.7 elimination
 - 1.4.8 age-related differences

2.0 Diagnosis:

- 2.1 Define actual and at risk client problems from the assessment of unmet needs
- 2.2 Select a nursing diagnosis from the accepted North American Nursing Diagnosis Association (NANDA) list, on the basis of analysis and interpretation of data
- 2.3 Identify potential complications associated with the client's medical diagnosis(es)

3.0 Planning:

- 3.1 Participate with client, family, significant others and members of the health care team to plan outcomes and interventions to meet the client's basic needs
- 3.2 Develop a written plan of care that incorporates data related to the client's physiological, psychological, sociocultural, spiritual and biophysical unmet needs and strengths
 - 3.2.1 formulate individualized client outcomes which are realistic, measurable and contain a target date
 - 3.2.2 select interventions based on knowledge of anatomy and physiology, growth and development, nutrition, social/behavioral sciences and nursing theory

4.0 Implementation:

- 4.1 Provide procedurally safe care by performing all assigned skills according to written module/campus lab presentation guidelines, utilizing medical asepsis and universal precautions:
 - 4.1.1 perform correct isolation procedures
 - 4.1.2 apply the principles of correct body mechanics
 - 4.1.3 make appropriate beds for hospitalized clients
 - 4.1.4 maintain clients in anatomically correct positions utilizing appropriate assistive devices
 - 4.1.5 assist clients with prescribed diets
 - 4.1.9 perform hygiene skills including baths, backrubs, oral care, hair care, and pericare, according to the needs of the client
 - 4.1.7 assist clients with the use of bedpans and urinals
 - 4.1.8 measure fluid intake and output and record the data correctly on agency forms
 - 4.1.9 measure and record the client's temperature, pulse, respiration and blood pressure recognizing and reporting vital signs that are not within normal limits or are unusual variations from the client's baseline
 - 4.1.10 demonstrate the correct technique for collecting specimens
 - 4.1.11 apply a soft restraint considering the client's needs, comfort and safety
 - 4.1.12 perform range-of-motion exercises, adapting techniques based on client assessment
 - 4.1.13 transfer clients from bed to chair, wheelchair, commode or stretcher
 - 4.1.14 ambulate clients with assistive devices
 - 4.1.15 utilize special beds and mattresses
 - 4.1.9 implement established, routine nursing interventions to maintain or promote normal patterns of elimination
 - 4.1.9 implement established, routine nursing interventions which will maintain optimum levels of mobility and promote participation in activities of daily living while preventing or minimizing the hazards and complications of immobility
 - 4.1.9 implement established, routine nursing interventions to anticipate and prevent pain, to relieve pain, and to maintain a sense of well-being and comfort
 - 4.1.19 discharge clients from a health care agency incorporating community resources and health teaching in the discharge plan
- 4.2 Provide legally safe care:
 - 4.2.1 follow agency directed policies and procedures
 - 4.2.2 function within the legal scope of a nursing student
 - 3.2.1 share pertinent client data with appropriate agency staff members and instructor
 - 4.2.4 provide client with accurate information
- 4.3 Perform efficient care in an organized and timely manner
- 4.4 Utilize facilitative communication techniques in client, family, significant other, and health team member interactions, focusing on:
 - 4.4.1 the therapeutic relationship with client/ family/significant other
 - 4.4.2 a purposeful interview to assess physiological and psychosocial needs
 - 4.4.3 collaborative team relationships

5.0 Evaluation:

- 5.1 Compare and evaluate the client's behavioral outcomes with expected outcomes
- 5.2 Evaluate teaching by noting changes in the client's behavior
- 5.3 Modify the client's plan of care based on continuous evaluation of the client's behavior

MANAGER OF CARE by demonstrating the following competencies:

- 1.0 Interact with members of the health care team in a collegial manner including verbal, nonverbal, written, and technological means
- 2.0 Inform staff in a timely manner of significant changes in the client's status and review pertinent data with them upon completion of client care
- 3.0 Assess appropriateness/safety of defined treatment plan and discuss the plan, including scientific rationale, with the instructor
- 4.0 Utilize appropriate channels of communication to accomplish expected outcomes related to delivery of client care, including participation in client care conferences
- 5.0 Serve as a client advocate
- 6.0 Seek assistance from the instructor and members of the health care team when the situation encountered is beyond the learner's knowledge and experience
- 7.0 Practice in a cost-effective manner
- 8.0 Follow agency's policies and procedures during codes, drills and other emergencies
- 9.0 Document information accurately on all agency forms

MEMBER WITHIN A DISCIPLINE by demonstrating the following competencies:

- 1.0 Describe the nursing role as practiced within the following settings:
 - 1.1 Acute care
 - 1.2 Extended care
 - 1.3 Home health care
 - 1.4 Ambulatory care
- 2.0 Demonstrate an awareness of self by:
 - 2.1 Examining own ideas, feelings, and behaviors. Areas to explore and share in conferences, or privately with the instructor may include:
 - 2.1.1 a learning objective for the day
 - 2.1.2 personal reactions to clinical experiences
 - 2.1.3 insights, new ideas, theories
 - 2.1.4 an ethical dilemma
 - 2.1.5 application of concepts presented in class or from research
 - 2.1.6 interactions and experiences with health care providers
 - 2.2 Recognizing and accepting learning potentials and limitations
 - 2.3 Evaluating own performance in the anecdotal note, by the end of each clinical week
- 3.0 Incorporate ethical/legal standards of nursing practice when providing client care
- 4.0 Maintain confidentiality of information
- 5.0 Support peers and agency personnel in the delivery of client care
- 6.0 Use resources for continuous learning and development
- 7.0 Use constructive criticism and suggestions for improving nursing practice

- 8.0 Demonstrate personal responsibility by:
 - 8.1 Arriving at the assigned clinical facility on time
 - 8.2 Informing school and agency of absence or tardiness prior to the designated arrival time
 - 8.3 Adhering to the defined school and agency dress code, including appropriate identification
 - 8.4 Submitting all written assignments on time and in the correct format
 - 8.5 Participating in pre-conferences and post-conferences including:
 - 8.5.1 sharing of appropriate information
 - 8.5.2 showing respect for other contributors by being attentive and sharing available time
- 9.0 Demonstrate the application of theoretical knowledge to the clinical situation through the use of written assignments. Assignments may include, but are not limited to:
 - 9.1 Health history
 - 9.2 Basic needs assessment
 - 9.3 Client care plan
 - 9.4 Client case study
 - 9.5 Process recording
 - 9.6 Research topic
 - 9.7 Structured journal
- 10.0 Demonstrate truthfulness and honesty throughout the nursing education program in:
 - 10.1 Interactions with others
 - 10.2 Documentation