

SAN DIEGO CITY COLLEGE  
NURSING EDUCATION 202  
ADULT HEALTH NURSING III

**CLINICAL PERFORMANCE OBJECTIVES**

Upon completion of this unit of study and when assigned a client, the learner will utilize effective critical thinking skills in each clinical situation and function as a:

**PROVIDER OF CARE** by demonstrating the following competencies:

**1.0 Assessment:**

- 1.1 Perform a comprehensive nursing assessment based on the client's ability to maintain physiologic and psychosocial integrity utilizing the Basic Needs Assessment Tool
- 1.2 Apply theoretical concepts to the clinical situation by identifying:
  - 1.2.1 unmet needs
  - 1.2.2 knowledge deficits
- 1.3 Identify changes in health status that affect the client's ability to meet needs
- 1.4 Assess significant factors which affect the client's ability to meet needs when experiencing a dysfunction of the immune, renal and endocrine systems
- 1.5 Assess significant factors which affect the client's ability to meet needs when experiencing a complex fluid/electrolyte and acid/base imbalance
- 1.6 Perform a comprehensive nursing assessment on a minimum of eight clients, with at least one client in each of the following categories:
  - 1.6.1 immune dysfunction such as immune suppression, acquired immunodeficiency syndrome, rheumatoid arthritis, cancer
  - 1.6.2 renal dysfunction such as acute and chronic renal failure
  - 1.6.3 endocrine dysfunction such as diabetes, hypothyroidism, hyperthyroidism, pancreatitis
  - 1.6.4 fluid/electrolyte or acid/base dysfunction such as hypokalemia, hyperkalemia, metabolic acidosis/alkalosis, respiratory acidosis/alkalosis, burns
- 1.7 Recognize clients at risk for complications/illnesses due to contributory factors

**2.0 Diagnosis:**

- 2.1 Identify actual and at risk client problems from an assessment of unmet needs
- 2.2 Select a nursing diagnosis from the accepted North American Nursing Diagnosis Association (NANDA) list, on the basis of analysis and interpretation of data
- 2.3 Identify potential complications associated with the client's medical diagnosis(es)

**3.0 Planning:**

- 3.1 Participate with the client, family, significant others and members of the health care team to plan outcomes and interventions in commonly occurring illnesses which affect:
  - 3.1.1 immune functioning
  - 3.1.2 renal functioning
  - 3.1.3 endocrine functioning
  - 3.1.4 fluid/electrolyte and acid/base functioning
- 3.2 Develop a written plan of care that incorporates data related to the client's physiological, psychological, sociocultural, spiritual and biophysical unmet needs and strengths
  - 3.2.1 formulate individualized client outcomes which are realistic, measurable and contain a target date
  - 3.2.2 select interventions based on knowledge of anatomy and physiology, pathophysiology, growth and development, pharmacology, nutrition, social/behavioral sciences, and nursing theory
- 3.3 Establish priorities for care based on recognition of the client's unmet needs and nursing diagnoses
- 3.4 Select appropriate methods of instruction utilizing standardized or student-designed teaching plans

**4.0 Implementation:**

- 4.1 Implement the plan of care according to priority of outcomes in response to client needs
- 4.2 Adjust priorities for nursing interventions as a client's situation changes
- 4.3 Provide procedurally safe care by performing assigned skills according to written module/campus lab presentation guidelines, utilizing medical/surgical asepsis and standard precautions
  - 4.3.1 demonstrate at least one sterile procedure, being able to recognize and correct breaks in sterile technique
  - 4.3.2 prepare all medications safely including:
    - 4.3.2.1 accurate dosage calculations
    - 4.3.2.2 adequate theoretical study of pharmacologic aspects to explain the medication to the client
  - 4.3.3 administer oral medications to at least two clients without an error in technique
  - 4.3.4 administer intravenous medications to at least two clients without an error in technique
  - 4.3.5 administer an injection to at least two clients without an error in technique
  - 4.3.6 perform a venipuncture on at least one client without an error in technique
- 4.4 Provide legally safe care:
  - 4.4.1 follow agency directed policies and procedures
  - 4.4.2 function within the legal scope of a nursing student
  - 4.4.3 share pertinent client data with appropriate agency staff and instructor
  - 4.4.4 provide client with accurate information
- 4.5 Perform efficient care in an organized and timely manner when assigned two or more clients
- 4.6 Implement established, routine nursing interventions with related health teaching

for a client with a(an):

- 4.6.1 **immune illness:** dietary modifications, medication administration, activity and rest balance, health promotion activities to prevent infection, isolation precautions, hygiene measures, coping strategies related to loss, prevention strategies to avoid injury/trauma, instruction in home health regime, pre-operative and post-operative interventions, and gerontologic adaptations
- 4.6.2 **renal illness:** fluid restriction, dietary modifications, medication administration, monitoring of diagnostic values, coping strategies, instruction in dialysis regime, and gerontologic adaptations
- 4.6.3 **fluid/electrolyte and acid/base imbalance:** fluid restriction/replacement, dietary modifications, medication administration, monitoring of intake/output ratios and diagnostic values, maintenance of skin and mucous membranes, prevention strategies to avoid injury, instruction in home health regime, pre-operative and post-operative interventions, and gerontologic adaptations
- 4.6.4 **endocrine illness:** dietary modifications, medication administration, activity and rest balance, self-care activities, hygiene measures, coping strategies related to stress reduction, monitoring of diagnostic values, pain management, prevention strategies to avoid complications, instruction in home health regime, pre-operative and post-operative interventions, and gerontologic adaptations.
- 4.7 Implement two client/nurse formulated strategies per week to assist the client in achieving outcomes
- 4.8 Perform dependent nursing functions as outlined in the agency's Kardex/Physician Orders.
- 4.9 Utilize facilitative communication techniques in client, family, significant other, and health team member interactions, focusing on:
  - 4.9.1 the therapeutic relationship with client/family/ significant other
  - 4.9.2 a purposeful interview to assess physiological and psychosocial needs
  - 4.9.3 preventive health maintenance information
  - 4.9.4 restorative and rehabilitative information
  - 4.9.5 collaborative team relationships
- 4.10 implement health teaching related to prevention of illness, maintenance of wellness, restoration and rehabilitation, following standardized educational plans (textbooks, hospital or community agency) as well as independently designed teaching plans
  - 4.10.1 prepare a client for a diagnostic procedure both physically and psychologically

- 4.10.2 identify agency and community resources which function as educational or support resources
- 4.11 Report and document client behaviors and pertinent diagnostic values which reflect a significant change in client's status
- 4.12 Maintain a supportive environment which fosters a client's independence
- 4.13 Promote the rehabilitation potential of the client
- 4.14 Provide for continuity of care in the management of chronic health care needs
- 4.15 Initiate multidisciplinary referrals on the basis of identified client needs and availability of health resources

**5.0 Evaluation:**

- 5.1 Compare and evaluate the client's behavioral outcomes with expected outcomes
- 5.2 Evaluate teaching by noting changes in the client's behavior
- 5.3 Evaluate the client's response to medications and procedures to ascertain effectiveness and untoward effects
- 5.4 Modify the client's plan of care based on continuous evaluation of the client's behavior

**MANAGER OF CARE** by demonstrating the following competencies:

- 1.0 Interact with members of the health care team in a collegial manner, including verbal, nonverbal, written, and technological means
- 2.0 Inform staff in a timely manner of significant changes in the client's status and review pertinent data with them upon completion of client care
- 3.0 Assess appropriateness/safety of defined treatment plan and discuss the plan, including scientific rationale, with the instructor
- 4.0 Utilize appropriate channels of communication to accomplish goals related to delivery of client care, including participation in client care conferences
- 5.0 Serve as a client advocate
- 6.0 Seek assistance from the instructor and other members of the health care team when the situation encountered is beyond the learner's knowledge and experience
- 7.0 Practice in a cost-effective manner
- 8.0 Follow agency's policies and procedures during codes, drills and other emergencies
- 9.0 Document information accurately on all agency forms

**MEMBER WITHIN A DISCIPLINE** by demonstrating the following competencies:

- 10 Describe the nursing role as practiced within the following settings:
  - 1.1 Acute care
  - 1.2 Extended care
  - 1.3 Home health care
  - 1.4 Ambulatory care

- 2.0 Demonstrate professional responsibility by:
  - 2.1 Preparing for clinical assignment with independent research of client data:
    - 2.1.1 define medical diagnosis
    - 2.1.2 explain pathophysiology related to medical diagnosis
    - 2.1.3 briefly list nursing assessment data relevant to medical diagnosis
    - 2.1.4 explain nursing implications related to client's medication regime and prescribed diet
    - 2.1.5 select a minimum of three nursing diagnoses which are commonly related to the medical diagnosis
    - 2.1.6 formulate an anticipated plan of care based on data obtained from the instructor and pre-clinical research
    - 2.1.7 review all nursing procedures to be implemented
  - 2.2 Verifying planned actions:
    - 2.2.1 review the anticipated plan of care/assignment with the instructor during pre-conference
    - 2.2.2 obtain a clarification report from appropriate nursing staff member before initiating client care
  - 2.3 Following appropriate protocol with procedures/skills:
    - 2.3.1 review physician orders and assess appropriateness and safety of orders for individual client and discuss with instructor
    - 2.3.2 check with instructor prior to performing any procedure
    - 2.3.3 review written module/campus lab presentation guidelines
    - 2.3.4 review agency policies and procedures
    - 2.3.5 state scientific rationale for the procedure/skill
    - 2.3.6 perform the procedure in a safe, organized manner
    - 2.3.7 evaluate and document outcome of procedure
  - 2.4 Applying the nursing process to each clinical situation:
    - 2.4.1 identify one actual nursing diagnosis, one short term outcome and appropriate interventions and share this data during pre-conference or with the instructor on an individual basis
    - 2.4.2 evaluate if client outcomes have been achieved and share this data during post-conference or with the instructor on an individual basis
- 3.0 Demonstrate an awareness of self by:
  - 3.1 Examining own ideas, feeling, and behaviors. Areas to explore and share in conferences, or privately with the instructor may include:
    - 3.1.1 a learning objective for the day
    - 3.1.2 personal reactions to clinical experiences
    - 3.1.3 insights, new ideas, theories
    - 3.1.4 an ethical dilemma
    - 3.1.5 application of concepts presented in class or from research

- 3.1.6 interactions and experiences with health care providers
- 3.2 Recognizing and accepting learning potentials and limitations
- 3.3 Evaluating own performance in the anecdotal note, by the end of each clinical week
- 4.0 Incorporate ethical/legal standards of nursing practice when providing client care
- 5.0 Maintain confidentiality of information
- 6.0 Support peers & agency personnel in the delivery of client care
- 7.0 Use resources for continuous learning and development
- 8.0 Use constructive criticism and suggestions for improving nursing practice
- 9.0 Demonstrate personal responsibility by:
  - 9.1 Arriving at the assigned clinical facility on time
  - 9.2 Informing both school and agency of absence or tardiness prior to the designated arrival time
  - 9.3 Adhering to the defined school and agency dress code, including appropriate identification
  - 9.4 Submitting all written assignments on time and in correct format. Assignments may include, but are not limited to:
    - 9.4.1 Case studies
    - 9.4.2 Process recordings
    - 9.4.3 Client assessments
    - 9.4.4 Research topics
    - 9.4.5 Structured journals
  - 9.5 Participating in pre-conferences and post-conferences, including:
    - 9.5.1 appropriate sharing of information
    - 9.5.2 showing respect for other contributors by being attentive, listening and sharing available time
- 10.0 Demonstrate the application of theoretical knowledge to the clinical situation through the use of written assignments. Assignments may include, but are not limited to:
  - 10.1 Health history
  - 10.2 Basic needs assessment
  - 10.3 Client care plan
  - 10.4 Client case study
  - 10.5 Process recording
  - 10.6 Research topic
  - 10.7 Structured journal
- 11.0 Demonstrate truthfulness and honesty throughout the nursing program in:
  - 11.1 Interactions with others
  - 11.2 Documentation
  - 11.3 Performance of required skills (medication/treatments)