

SAN DIEGO CITY COLLEGE
NURSING EDUCATION 204
FAMILY HEALTH NURSING

CLINICAL PERFORMANCE OBJECTIVES: OBSTETRICS

Upon completion of this unit of study and when assigned a client, the learner will utilize effective critical thinking skills in each clinical situation and function as a:

PROVIDER OF CARE by demonstrating the following competencies:

1.0 Assessment:

- 1.1 Perform a comprehensive nursing assessment based on the client's ability to maintain physiologic and psychosocial integrity utilizing the:
 - 1.1.1 Basic Needs Assessment Tool
 - 1.1.2 Antepartum Assessment Tool
 - 1.1.3 Intrapartum Assessment Tool
 - 1.1.4 Postpartum Assessment Tool
 - 1.1.5 Newborn Assessment Tool
- 1.2 Apply theoretical concepts related to the childbearing family to the clinical situation by identifying:
 - 1.2.1 unmet needs
 - 1.2.2 knowledge deficits
- 1.3 Perform a comprehensive nursing assessment on a minimum of four clients, with at least one client in each of the following areas:
 - 1.3.1 antepartum
 - 1.3.2 intrapartum
 - 1.3.3 postpartum
 - 1.3.4 newborn nursery
 - 1.3.5 high-risk (**LVN-RN Advanced Placement Students**)
- 1.4 Recognize clients at risk for complications/illnesses due to contributory factors

2.0 Diagnosis:

- 2.1 Identify actual and at risk client problems from an assessment of unmet needs
- 2.2 Select a nursing diagnosis from the accepted North American Nursing Diagnosis Association (NANDA) list, on the basis of analysis and interpretation of data
- 2.3 Identify potential complications associated with the client's medical diagnosis(es)

3.0 Planning:

- 3.1 Participate with the client, family, significant others and members of the health care team to plan outcomes and interventions in the:
 - 3.1.1 antepartum period
 - 3.1.2 intrapartum period
 - 3.1.3 postpartum period
 - 3.1.4 newborn period
- 3.2 Develop a written plan of care that incorporates data related to the client's physiologic, psychological, sociocultural, spiritual, developmental and biophysical unmet needs and strengths

- 3.2.1 formulate individualized client outcomes which are realistic, measurable and contain a target date
- 3.2.2 select interventions based on knowledge of anatomy and physiology, pathophysiology, growth and development, pharmacology, nutrition, social/behavioral sciences, and nursing theory
- 3.3 Establish priorities for care based on recognition of the client's unmet needs and nursing diagnoses
- 3.4 Select appropriate methods of instruction utilizing standardized or student-designed teaching plans

4.0 Implementation:

- 4.1 Implement the plan of care according to priority of outcomes in response to client needs
- 4.2 Adjust priorities for nursing interventions as a client's situation changes
- 4.3 Provide procedurally safe care by performing all assigned skills according to written module/campus lab presentation guidelines, utilizing medical/surgical asepsis and standard precautions
 - 4.3.1 prepare all medications safely, including:
 - 4.3.1.1 accurate dosage calculations
 - 4.3.1.2 adequate theoretical study of pharmacologic aspects to explain the medication to the client
 - 4.3.2 administer oral medications to at least two clients without an error in technique
 - 4.3.3 administer an injection to at least one client without an error in technique
- 4.4 Provide legally safe care:
 - 4.4.1 follow agency directed policies and procedures
 - 4.4.2 function within the legal scope of a nursing student
 - 4.4.3 share pertinent client data with appropriate agency staff and instructor
 - 4.4.4 provide client with accurate information
- 4.5 Perform efficient care in an organized and timely manner when assigned two clients
- 4.6 Implement established, routine nursing interventions with related health teaching for a:
 - 4.6.1 **intrapartum client:** review pertinent data regarding client's prenatal history, perform initial and subsequent checks for vital signs, contractions, and fetal heart tones, monitor maternal progress during labor, provide physical comfort and personal hygiene, assist with pre-surgical preparation should cesarean birth be indicated, allay fears and anxieties of client and family and provide appropriate teaching

- 4.6.2 **postpartum client:** pain management related to breast engorgement, perineal pain, incisional pain, and uterine cramping, hygiene measures related to breasts, perineum, and incision, health promotion strategies to prevent infection, activity and rest balance, fluid/dietary modifications, coping strategies related to normal stress or loss, instruction in home health care for mother and newborn including attachment behaviors, and anticipatory guidance for the family
- 4.6.3 **newborn client:** maintenance of respiratory and circulatory status, thermoregulation, medication administration, hygiene measures, nutritional management and strategies to enhance feelings of love and belonging
- 4.6.4 **high-risk client:** management of fluid & electrolyte dysfunctions, medication administration, maintenance of respiratory, circulatory, and neurological status, nutritional support, coping strategies to allay fears and anxieties of client and family, and instruction in illness-wellness-health management (**LVN-RN Advanced Placement Students**).
- 4.7 Implement two client/nurse formulated strategies per week to assist the client in achieving outcomes
- 4.8 Perform dependent nursing functions as outlined in the agency's Kardex/Physician Orders
- 4.9 Utilize facilitative communication techniques in client, family, significant other, and health team members interactions, focusing on:
 - 4.9.1 the therapeutic relationship with client/family/ significant other
 - 4.9.2 a purposeful interview to assess physiological and psychosocial needs
 - 4.9.3 preventive health maintenance information
 - 4.9.4 restorative and rehabilitative information
 - 4.9.5 collaborative team relationships
- 4.10 Implement health teaching conducting informal and formal teaching sessions related to prevention of complications/ illness, maintenance of wellness, following standardized educational plans, using textbooks, hospital or community agency resources
- 4.11 Report and document client behaviors and pertinent diagnostic values which reflect a significant change in client's status
- 4.12 Initiate referrals on the basis of identified client needs and availability of health resources

5.0 Evaluation:

- 5.1 Compare and evaluate the client's behavioral outcomes with expected outcomes
- 5.2 Evaluate teaching by noting changes in the client's behavior

- 5.3 Evaluate the client's response to medications and procedures to ascertain effectiveness and untoward effects
- 5.4 Modify the client's plan of care based on continuous evaluation of the client's behavior

MANAGER OF CARE by demonstrating the following competencies:

- 1.0 Interact with members of the health care team in a collegial manner, including verbal, nonverbal, written, and technological means
- 2.0 Inform staff in a timely manner of significant changes in the client's status and review pertinent data with them upon completion of client care
- 3.0 Assess appropriateness/safety of defined treatment plan and discuss the plan including scientific rationale with the instructor
- 4.0 Utilize appropriate channels of communication to accomplish goals related to delivery of client care, including participation in client care conferences
- 5.0 Serve as a client advocate
- 6.0 Seek assistance from the instructor and other members of the health care team when the situation encountered is beyond the learner's knowledge and experience
- 7.0 Practice in a cost-effective manner
- 8.0 Follow agency's policies and procedures during codes, drills and other emergencies
- 9.0 Document information accurately on all agency forms

MEMBER WITHIN A DISCIPLINE by demonstrating the following competencies:

- 1.0 Describe the nursing role as practiced within the following settings:
 - 1.1 Acute care
 - 1.2 Outpatient clinics
 - 1.3 Home health care
- 2.0 Demonstrate professional responsibility by:
 - 2.1 Preparing for clinical assignment with independent research of client data:
 - 2.1.1 define medical diagnosis
 - 2.1.2 explain pathophysiology related to medical diagnosis
 - 2.1.3 briefly list nursing assessment data relevant to medical diagnosis
 - 2.1.4 explain nursing implications related to the client's medication regime and prescribed diet
 - 2.1.5 select appropriate nursing diagnoses
 - 2.1.6 formulate an anticipated plan of care based on data obtained from the instructor and pre-clinical research
 - 2.1.7 review all nursing procedures to be implemented

- 2.2 Verifying planned actions:
 - 2.2.1 review the anticipated plan of care/assignment with the instructor during pre-conference
 - 2.2.2 obtain a clarification report from appropriate nursing staff member before initiating client care
- 2.3 Following appropriate protocol with procedures/skills:
 - 2.3.1 review physician orders and assess appropriateness and safety of orders for individual client and discuss with instructor
 - 2.3.2 check with instructor prior to performing any procedure
 - 2.3.3 review written module/campus lab presentation guidelines
 - 2.3.4 review agency policies and procedures
 - 2.3.5 state scientific rationale for the procedure/skill
 - 2.3.6 perform the procedure in a safe, organized manner
 - 2.3.7 evaluate and document outcome of procedure
- 2.4 Applying the nursing process to each clinical situation:
 - 2.4.1 identifying one actual nursing diagnosis, one short term outcome and appropriate interventions and share this data during pre-conference or with the instructor on an individual basis
 - 2.4.2 evaluate if client outcomes have been achieved and share this data during post-conference or with the instructor on an individual basis
- 3.0 Demonstrate an awareness of self by:
 - 3.1 Examining own ideas, feelings, and behaviors. Areas to explore and share in conferences, or privately with the instructor may include:
 - 3.1.1 a learning objective for the day
 - 3.1.2 personal reactions to clinical experiences
 - 3.1.3 insights, new ideas, theories
 - 3.1.4 an ethical dilemma
 - 3.1.5 application of concepts presented in class or from research
 - 3.1.6 interactions and experiences with health care providers
 - 3.2 Recognizing and accepting learning potentials and limitations
 - 3.3 Evaluating own performance in the anecdotal note, by the end of each clinical week
- 4.0 Incorporate ethical/legal standards of nursing practice when providing client care
- 5.0 Maintain confidentiality of information
- 6.0 Support peers and agency personnel in the delivery of client care
- 7.0 Use resources for continuous learning and development
- 8.0 Use constructive criticism and suggestions for improving nursing practice

- 9.0 Demonstrate personal responsibility by:
 - 9.1 Arriving at the assigned clinical facility on time
 - 9.2 Informing both school and agency of absence or tardiness prior to the designated arrival time
 - 9.3 Adhering to the defined school and agency dress code, including appropriate identification
 - 9.4 Submitting all written assignments on time and in correct format. Assignments may include, but are not limited to:
 - 9.4.1 Case studies
 - 9.4.2 Client assessments
 - 9.4.3 Research topics
 - 9.4.4 Structured journals
 - 9.5 Participating in pre-conferences and post-conferences, including:
 - 9.5.1 appropriate sharing of information
 - 9.5.2 showing respect for other contributors by being attentive, listening and sharing available time
- 10.0 Demonstrate the application of theoretical knowledge to the clinical situation through the use of written assignments. Assignments may include, but are not limited to:
 - 10.1 Basic needs assessment
 - 10.2 Antepartum assessment
 - 10.3 Intrapartum assessment
 - 10.4 Postpartum assessment
 - 10.5 Newborn assessment
 - 10.6 Client care plan
 - 10.7 Client case study
 - 10.8 Research topic
 - 10.9 Structured journal
- 11.0 Demonstrate truthfulness and honesty throughout the nursing program in:
 - 11.1 Interactions with others
 - 11.2 Documentation
 - 11.3 Performance of required skills (medications, treatments)