

SAN DIEGO CITY COLLEGE
NURSING EDUCATION 103
FUNDAMENTAL NURSING CONCEPTS AND SKILLS II

CLINICAL PERFORMANCE OBJECTIVES

Upon completion of this unit of study and when assigned a client, the learner will utilize effective critical thinking skills in each clinical situation and function as a:

PROVIDER OF CARE by demonstrating the following competencies:

1.0 Assessment:

- 1.1 Obtain a health history, utilizing appropriate interviewing techniques
- 1.2 Organize a data base
- 1.3 Apply theoretical concepts to the clinical situation by identifying:
 - 1.3.1 unmet needs
 - 1.3.2 knowledge deficits
- 1.4 Identify changes in health status that affect the client's ability to meet needs
- 1.5 Perform a comprehensive nursing assessment on at least three clients considering:
 - 1.5.1 oxygenation
 - 1.5.2 circulation
 - 1.5.3 neurological integrity
 - 1.5.4 activity/rest/sleep
 - 1.5.5 safety
 - 1.5.6 regulation
 - 1.5.7 nutrition
 - 1.5.8 elimination
 - 1.5.9 sexual integrity
 - 1.5.10 age-related differences

2.0 Diagnosis:

- 2.1 Define actual and at risk client problems from the assessment of unmet needs
- 2.2 Select a nursing diagnosis from the accepted North American Nursing Diagnosis Association (NANDA) list, on the basis of analysis and interpretation of data
- 2.3 Identify potential complications associated with the client's medical diagnosis(es)

3.0 Planning:

- 3.1 Participate with client, family, significant others and members of the health care team to plan outcomes and interventions to meet the client's unmet needs related to:
 - 3.1.1 oxygenation
 - 3.1.2 circulation
 - 3.1.3 neurological integrity
 - 3.1.4 activity/rest/sleep
 - 3.1.5 safety
 - 3.1.6 regulation
 - 3.1.7 nutrition
 - 3.1.8 elimination

- 3.1.9 sexual integrity
- 3.1.10 age-related differences
- 3.1.11 preoperative experience
- 3.1.12 postoperative experience
- 3.1.13 wound healing
- 3.1.14 abnormal cell growth
- 2.1 Develop a written plan of care that incorporates data related to the client's physiological, psychological, sociocultural, spiritual and biophysical unmet needs and strengths
 - 3.2.1 formulate individualized client outcomes which are realistic, measurable and contain a target date
 - 3.2.2 establish priorities for care based on recognition of the client's unmet needs and diagnoses
 - 3.2.3 select interventions based on knowledge of anatomy and physiology, pathophysiology, growth and development, pharmacology, nutrition, social/behavioral sciences and nursing theory

4.0 **Implementation**

- 4.1 Provide procedurally safe care by performing all assigned skills according to written module/campus lab presentation guidelines, utilizing medical asepsis and standard precautions:
 - 4.1.1 perform a comprehensive nursing assessment of the client's circulatory needs and recognize deviations from textbook standards or from client's baseline
 - 4.1.2 prepare all medications safely including:
 - 4.1.2.1 accurate dosage calculations
 - 4.1.2.2 adequate theoretical study of pharmacologic aspects to explain the medication to the client
 - 4.1.3 administer oral/topical medications to at least one-two clients without an error in technique
 - 4.1.4 implement established routine nursing interventions to maintain or promote tissue perfusion
 - 4.1.5 perform a comprehensive nursing assessment of the client's oxygenation needs and recognize deviations from textbook standards or from client's baseline
 - 4.1.6 implement established, routine nursing interventions to maintain or promote lung expansion, mobilization of pulmonary secretions, a patent airway and oxygenation
 - 4.1.7 perform a comprehensive nursing assessment of the client's neurological needs and recognize deviations from textbook standards or from client's baseline
 - 4.1.8 implement established, routine nursing interventions to maintain optimum cognitive, sensory and motor functioning

- 4.1.9 implement established, routine nursing interventions to prevent sensory deprivation, to control sensory overload and to manipulate environmental factors in order to maintain meaningful sensory stimulation
- 4.1.10 perform a comprehensive nursing assessment of the client's elimination needs and recognize deviations from textbook standards or from the client's baseline
- 4.1.11 implement established, routine nursing interventions to meet elimination needs
- 4.1.12 recognize and support the client's sexuality and sexual role
- 4.1.13 implement established, routine nursing interventions to provide for the privacy and sexual needs of the hospitalized client
- 4.1.14 perform a comprehensive nursing assessment of the client's comfort level and recognize patterns of the client's pain experience
- 4.1.15 implement established, routine nursing interventions to anticipate and prevent pain, to relieve pain, and to maintain a sense of well-being
- 4.1.16 perform wound care, maintaining sterile technique and comfort for the client, while maintaining safety for the client and the nurse
- 4.1.17 utilize the nursing process to plan and implement interventions to promote wound healing
- 4.1.18 prepare clients physically and psychologically for a surgical procedure
- 4.1.19 utilize the nursing process to meet the immediate and extended needs of clients who have undergone a surgical procedure
- 4.1.20 utilize the nursing process to plan and implement nursing care for clients undergoing treatment for abnormal cell growth
- 4.2 Implement health teaching related to prevention of illness, maintenance of wellness, restoration and rehabilitation, following standardized educational plans (textbooks, hospital or community agency) as well as independently designed teaching plans
- 4.3 Implement the plan of care according to priority of outcomes in response to the client's unmet needs
- 4.4 Provide legally safe care:
 - 4.4.1 follow agency directed policies and procedures
 - 4.4.2 function within the legal scope of a nursing student
 - 4.4.3 share pertinent client data with appropriate agency staff members and instructor
 - 4.4.4 provide client with accurate information
- 4.5 Provide efficient care in an organized and timely manner

- 4.6 Utilize facilitative communication techniques in client, family, significant other, and health team member interactions, focusing on:
 - 4.6.1 the therapeutic relationship with client/ family/significant other
 - 4.6.2 a purposeful interview to assess physiological and psychosocial needs
 - 4.6.3 collaborative team relationships
 - 4.6.4 preventive health maintenance information
- 5.0 **Evaluation**
 - 5.1 Compare and evaluate the client's behavioral outcomes with expected outcomes
 - 5.2 Evaluate teaching by noting changes in the client's behavior
 - 5.3 Evaluate the client's response to medications and procedures to ascertain effectiveness and untoward effects
 - 5.4 Modify the client's plan of care based on continuous evaluation of the client's behavior

MANAGER OF CARE by demonstrating the following competencies:

- 1.0 Interact with members of the health care team in a collegial manner including verbal, nonverbal, written, and technological means
- 2.0 Inform staff in a timely manner of significant changes in the client's status and review pertinent data with them upon completion of client care
- 3.0 Assess appropriateness/safety of defined treatment plan and discuss the plan, including scientific rationale, with the instructor
- 4.0 Utilize appropriate channels of communication to accomplish expected outcomes related to delivery of client care, including participation in client care conferences
- 5.0 Serve as a client advocate
- 6.0 Seek assistance from the instructor and members of the health care team when the situation encountered is beyond the learner's knowledge and experience.
- 7.0 Practice in a cost-effective manner
- 8.0 Follow agency's policies and procedures during codes, drills and emergencies
- 9.0 Document information accurately on all agency forms

MEMBER WITHIN A DISCIPLINE by demonstrating the following competencies:

- 1.0 Describe the nursing role as practiced within the following settings:
 - 1.1 Acute care
 - 1.2 Extended care
 - 1.3 Home health care
 - 1.4 Ambulatory care

- 2.0 Demonstrate an awareness of self by:
 - 2.1 Examining own ideas, feelings, and behaviors. Areas to explore and share in conferences, or privately with the instructor may include:
 - 2.1.1 a learning objective for the day
 - 2.1.2 personal reactions to clinical experiences
 - 2.1.3 insights, new ideas, theories
 - 2.1.4 an ethical dilemma
 - 2.1.5 application of concepts presented in class or from research
 - 2.1.6 interactions and experiences with health care providers
 - 2.2 Recognizing and accepting learning potentials and limitations
 - 2.3 Evaluating own performance in the anecdotal note, by the end of each clinical week
- 3.0 Incorporate ethical/legal standards of nursing practice when providing client care
- 4.0 Maintain confidentiality of information
- 5.0 Support peers and agency personnel in the delivery of client care
- 6.0 Use resources for continuous learning and development
- 7.0 Use constructive criticism and suggestions for improving nursing practice
- 8.0 Demonstrate personal responsibility by:
 - 8.1 Arriving at the assigned clinical facility on time
 - 8.2 Informing both school and agency of absence or tardiness prior to designated arrival time
 - 8.3 Adhering to defined school and agency dress code, including appropriate identification
 - 8.4 Submitting all written assignments on time and in the correct format
 - 8.5 Participating in pre-conferences and post-conferences, including:
 - 8.5.1 appropriate sharing of information
 - 8.5.2 showing respect for other contributors by being attentive and sharing available time
- 9.0 Demonstrate the application of theoretical knowledge to the clinical situation through the use of written assignments. Assignments may include, but are not limited to:
 - 9.1 Health history
 - 9.2 Basic needs assessment
 - 9.3 Client care plan
 - 9.4 Client case study
 - 9.5 Process recording
 - 9.6 Research topic
 - 9.7 Structured journal
- 10.0 Demonstrate truthfulness and honesty throughout the nursing education program in:
 - 10.1 Interactions with others
 - 10.2 Documentation