

**SAN DIEGO CITY COLLEGE**  
Nursing Education 203 Psychosocial Nursing

**Observations - first day on the unit**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Clinical Facility and Unit:

\_\_\_\_\_

Charge Nurse:

\_\_\_\_\_

Names of 3 other personnel and their roles:

\_\_\_\_\_

\_\_\_\_\_

Interview 2 nurses about the reasons they are working in Mental Health. **What did you discover?**

\_\_\_\_\_

\_\_\_\_\_

Location of fire extinguishers:

\_\_\_\_\_

Primary Psychiatrists for your unit:

\_\_\_\_\_

Primary purpose of your unit:

\_\_\_\_\_

Number of clients on your unit: \_\_\_\_\_ Capacity: \_\_\_\_\_

General Observations of the milieu:

Personal goals for the day:

Feelings / Expectations prior to the day:

How were your feelings / expectations validated or changed during the day?