

**SAN DIEGO CITY COLLEGE**  
Nursing Education 203  
**Pre-Clinical Preparation for Clinical Day**

Students must come each clinical day prepared for the clinical experience. To maximize the opportunities to meet the clinical objectives the following information is required prior to going onto the unit. Students will hand in pre-clinical preparation at pre-conference in weeks 2, 3, 5, 7, & 8 (10 points each).

1. Goal for the day as it relates to your professional growth and clinical objectives (should be specific and measurable). (1 point)
2. Plans for achieving the goal. (1 point)
3. Identify the following:
  - a. One DSM – IV TR (Axis I / II) diagnosis with criteria for that diagnosis (1 points)
  - b. Two medications usually used for clients with the diagnosis. Include targeted symptoms, dosage, side effects, pertinent labs and client teaching. (3 points)
  - c. Two Nursing Diagnoses most frequently associated with the Axis I Diagnosis (2 points)
  - d. Two Nursing Interventions (including one teaching intervention) and rationales for each diagnosis (2 points)
4. When students report to the unit in the morning, it is suggested they choose a client who corresponds to the pre-clinical preparation.  
Students must choose a different DSM IV-TR diagnosis each week to enhance knowledge as much as possible. (The clinical instructor may vary the focus of the preparation as is appropriate for the clinical setting.)
5. Be prepared during pre-conference to evaluate the nursing diagnoses and during post-conference to evaluate implementation of the interventions.

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 Nursing Education 203  
**Pre-Clinical Preparation for Clinical Day**  
 Instructor \_\_\_\_\_

Name \_\_\_\_\_

Date \_\_\_\_\_

**Goal for the day as it relates to your professional growth & clinical objectives (specific and measurable):**

**Plan to achieve goal:**

**DSM-IV TR (Axis I) Diagnosis with criteria for that Dx.-**

- 1.
- 2.
- 3.
- 4.

**2 medications usually used for clients with the Dx. Include targeted symptoms, dosage, side effects, pertinent labs**

Medication	Targeted symptoms	Usual Dosage	Side effects	Pertinent labs
Medication	Targeted symptoms	Dosage	Side effects	Pertinent labs

**Client teaching for each medication:**

**Nursing Dx**

**Interventions (two)**

**Rationales (two)**

**Nursing Dx**

**Interventions (two)**

**Rationales (two)**

Client Teaching