

SAN DIEGO CITY COLLEGE
NURSING EDUCATION 205
TRANSITION TO THE RN ROLE

CLINICAL PERFORMANCE OBJECTIVES

Upon completion of this unit of study and when assigned a client, the learner will utilize effective critical thinking skills in each clinical situation and function as a:

PROVIDER OF CARE by demonstrating the following competencies:

1.0 Assessment:

- 1.1 Perform a comprehensive nursing assessment based on the client's ability to maintain physiologic and psychosocial integrity utilizing an appropriate assessment tool
- 1.2 Apply theoretical concepts related to the clinical situation by identifying:
 - 1.2.1 unmet needs
 - 1.2.2 knowledge deficits
- 1.3 Identify changes in health status that affect the client's ability to meet needs.
- 1.4 Recognize clients at risk for complications/illnesses due to contributory factors

2.0 Diagnosis:

- 2.1 Identify actual and at risk client problems from an assessment of unmet needs
- 2.2 Select a nursing diagnosis from the accepted North American Nursing Diagnosis Association (NANDA) list, on the basis of analysis and interpretation of data
- 2.3 Identify potential complications associated with the client's medical diagnosis(es)

3.0 Planning:

- 3.1 Participate with the client, family, significant others and members of the health care team to plan outcomes and interventions in commonly occurring illnesses
- 3.2 Develop a written plan of care that incorporates data related to the client's physiologic, psychological, socio-cultural, spiritual, and biophysical unmet needs and strengths
 - 3.2.1 formulate individualized client outcomes, which are realistic, measurable and contain a target date
 - 3.3.2 select interventions based on knowledge of anatomy and physiology, patho-physiology, growth and development, pharmacology, nutrition, social/behavioral sciences, and nursing theory
- 3.3 Establish priorities for care based on recognition of the client's unmet needs and nursing diagnoses
- 3.4 Select appropriate methods of instruction utilizing standardized or student-designed teaching plans

4.0 Implementation:

- 4.1 Implement the plan of care according to priority of outcomes in response to client needs
- 4.2 Adjust priorities for nursing interventions as a client's situation changes
- 4.3 Provide procedurally safe care by performing all assigned skills according to written module/campus lab presentation guidelines, utilizing medical/surgical asepsis and standard precautions

- 4.4 Provide legally safe care:
 - 4.4.1 follow agency directed policies and procedures
 - 4.4.2 function within the legal scope of a nursing student
 - 4.4.3 share pertinent client data with appropriate agency staff and instructor
 - 4.4.4 provide client with accurate information
- 4.5 Perform efficient care in an organized and timely manner, when assigned multiple clients
- 4.6 Implement established, routine, nursing interventions with related health teaching for multiple clients
- 4.7 Provide for physical and psychological safety of the client
- 4.8 Utilize facilitative communication techniques in client, family, significant other, and health team member interactions, focusing on
 - 4.8.1 the therapeutic relationship with client/ family/significant other
 - 4.8.2 a purposeful interview to assess physiological and psychosocial needs
 - 4.8.3 preventive health maintenance information
 - 4.8.4 restorative and rehabilitative information
 - 4.8.5 collaborative team relationships
- 4.9 Perform dependent nursing functions as outlined in the agency's Kardex/Physician Orders
- 4.10 Report and document client behaviors and pertinent diagnostic values, which reflect a significant change in client's status
- 4.11 Maintain a supportive environment, which fosters a client's independence
- 4.12 Promote the rehabilitation potential of the client
- 4.13 Provide for continuity of care in the management of chronic health care needs
- 4.14 Initiate multidisciplinary referrals on the basis of identified client needs and availability of health resources
- 4.15 Participate in client discharge planning and teaching

5.0 Evaluation:

- 5.1 Compare and evaluate the client's behavioral outcomes with expected outcomes
- 5.2 Evaluate teaching by noting changes in the client's behavior
- 5.3 Evaluate the client's response to medications and procedures to ascertain effectiveness and untoward effects
- 5.4 Modify the client's plan of care based on continuous evaluation of the client's behavior

MANAGER OF CARE by demonstrating the following competencies:

- 1.0 Interact with members of the health care team in a collegial manner, including verbal, nonverbal, written, and technological means
- 2.0 Inform preceptor(s) in a timely manner of significant changes in the client's status and review pertinent data
- 3.0 Assess appropriateness/safety of defined treatment plan and discuss the plan including scientific rationale with the preceptor(s)
- 4.0 Utilize appropriate channels of communication to accomplish goals related to delivery of client care, including participation in client care conferences
- 5.0 Serve as a client advocate
- 6.0 Support the client's right to make decisions regarding care
- 7.0 Seek assistance from the preceptor and other members of the health care team when the

- situation encountered is beyond the learner's knowledge and experience
- 8.0 Practice in a cost-effective manner
- 9.0 Follow agency's policies and procedures during codes, drills and other emergencies
- 10.0 Document information accurately on all agency forms
- 11.0 Demonstrate beginning level client management, leadership and organizational skills by:
 - 11.1 Making client care assignments
 - 11.2 Delegating responsibility appropriately
 - 11.3 Accepting responsibility and accountability for own actions
 - 11.4 Accepting responsibility and accountability for nursing care delegated to other members of the health care team

MEMBER WITHIN A DISCIPLINE by demonstrating the following competencies:

- 1.0 Describe the nursing role as practiced within the following settings:
 - 1.1 Acute care
 - 1.2 Extended care
 - 1.3 Home health care
 - 1.4 Ambulatory care
- 2.0 Demonstrate professional responsibility by:
 - 2.1 Verifying planned actions:
 - 2.1.1 review the anticipated plan of care/assignment with the preceptor during pre-conference
 - 2.1.2 obtain a clarification report from appropriate nursing staff member before initiating client care
 - 2.2 Following appropriate protocol with procedures/skills:
 - 2.2.1 review physician orders and assess appropriateness and safety of orders for individual client and discuss with preceptor
 - 2.2.2 check with preceptor prior to performing unfamiliar procedures
 - 2.2.3 review agency policies and procedures
 - 2.2.4 be able to state scientific rationale for the procedure/skill
 - 2.2.5 perform the procedure in a safe, organized manner
 - 2.2.6 evaluate and document outcome of procedure
 - 2.3 Applying the nursing process to each clinical situation:
 - 2.3.1 identify one actual nursing diagnosis, one short-term outcome and appropriate interventions and share this data with the preceptor
 - 2.3.2 evaluate if client outcomes have been achieved and share this data with the preceptor
- 3.0 Demonstrate an awareness of self by:
 - 3.1 Examining own ideas, feelings, and behaviors. Areas to explore and share in conferences, or privately with the preceptor and/or instructor may include:
 - 3.1.1 a learning objective for the day
 - 3.1.2 personal reactions to clinical experiences
 - 3.1.3 insights, new ideas, theories
 - 3.1.4 an ethical dilemma
 - 3.1.5 application of concepts presented in class or from research
 - 3.1.6 interactions and experiences with health care providers
 - 3.2 Recognizing and accepting learning potentials and limitations
 - 3.3 Evaluating own performance in the structured journal on a daily basis

- 4.0 Incorporate ethical/legal standards of nursing practice when providing client care
- 5.0 Maintain confidentiality of information
- 6.0 Support peers and agency personnel in the delivery of client care
- 7.0 Use resources for continuous learning and development
- 8.0 Use constructive criticism and suggestions for improving nursing practice
- 9.0 Demonstrate personal responsibility by:
 - 9.1 Arriving at the assigned clinical facility on time
 - 9.2 Informing both school and agency of absence or tardiness prior to the designated arrival time
 - 9.3 Adhering to the defined school and agency dress code, including appropriate identification
 - 9.4 Submitting all written assignments on time and in correct format. Assignments may include, but are not limited to:
 - 9.4.1 Structured journal
 - 9.4.2 Resume/Cover letter
 - 9.4.3 Research project
 - 9.4.4 Writings related to professional issues
- 10.0 Demonstrate truthfulness and honesty throughout the nursing program in:
 - 10.1 Interactions with others
 - 10.2 Documentation
 - 10.3 Performance of required skills (medications, treatments)
- 11.0 Demonstrate an awareness of the responsibility and actions expected of the practicing nurse by designing a six month professional growth plan, which may include, but is not limited to:
 - 11.1 Selecting a clinical practice area for employment
 - 11.2 Identifying needs for continued learning
 - 11.3 Participating on committees of the employing institution
 - 11.4 Attending professional conferences
 - 11.5 Joining professional organizations
 - 11.6 Identifying your own professional long term goal

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