

Medication Teaching

Purpose: The purpose of this paper includes the following:

- Improve student teaching skills:
 - Verbally giving another person information is one of the least effective ways of conveying information. What is the most effective way you learn?
 - To reinforce using additional methods, each teaching method is credited **5** points.
 - Some methods students have used in prior years include:
 - written materials such as flash cards and pictures of medications,
 - giving the client feedback about observed medication effects,
 - group discussion of positive medication effects,
 - having client explain medication effects to others,
 - exercising with the client to minimize the side effect of weight gain,
 - having the client draw a picture of themselves on and off medications,
- Improve the quality of the client's life
 - It's difficult for anyone to take medications for life
 - Psychotropic medications are particularly hard to take
 - Positive medication effects occur slowly so improvement is not obvious
 - Help the client see positive effects of medications - how medications help client achieve goals
 - Side effects often occur long before positive effects are seen
 - Discussion of side effects should primarily be initiated by the client. For example: in response to the question, "Do you notice any effect from your medications.
 - Use a problem solving approach to side effects. For example: the client complains about a dry mouth, the nurse says, "What do you do about that?"
 - Any discussion of medication side effects must include a discussion of management of side effects.
 - Psychiatric clients may have cognitive impairments that interfere with learning
 - Use a collaborative approach that focuses on patient goals
 - Use repetition
 - Use multiple methods – see above

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1pt History:

Age _____ Gender _____ Marital Status _____ Legal Status _____

Admit Date _____

Events leading to Hospitalization:

3pts DSM IV Dx:

Axis I:

Axis II:

Axis III:

Axis IV:

Axis V:

4pts Current Psychotropic and anti-EPS Medications

Sx of disease that bother client:				
Name/Dose	Receptor sites affected & how	Desired Effects use client's words	Unwanted effects for which to assess	Observations noted <i>today</i> indicating desired &/or side effects
Trade Name Generic Name Dose Date ordered				Subjective Objective
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<p>After completing assessment, list one realistic outcome. 5 pts</p>	<p>Describe methods of instruction 5 pts/each different method</p>	<p>EVALUATION Behaviors/Statements that indicate progress toward outcome. 2 points each.</p>
<p>Client Verbal Assessment: Client's description of why med is prescribed and any effects noticed by client How does client manage negative effects? Evaluation: Indications of teaching effectiveness</p>	<p>Nurse Verbal Implementation 2 points for each piece of information given or reinforced that is appropriate for this client, (-2 points for inaccurate/inappropriate information such as discussion of side effects without focusing on management) Attach a copy of materials given client</p>	<p>If statement is included in patient verbal section refer to numbered statement here ie "See # 5"</p>

