



Thinking of a
DEGREE or CERTIFICATE?
Read this!

Transfer/Career Center – begin here for career exploration

Contact - Phone: (619) 388-3722

Room: A-111

Website: www.sdcity.edu/transfer

Transfer Resources

- Learn about transfer
- Choose a major
- Choose a transfer university
- Transfer guarantee programs
- Transfer dates & deadlines
- Contact a transfer university
- Transfer coursework requirements
- Apply for admission
- Apply for financial aid
- Apply for scholarships

Career Resources

- Career assessment/exploration
- Research occupations
- Learn about training programs
- Research potential employers
- Find an internship
- Search for jobs
- Create a resume
- Create a cover letter
- Prepare to interview
- Enroll in Work Experience

Counseling Center – now what is your goal? See a counselor to create your **education plan!!!**

Contact - Phone: (619) 388-3540

Room: A-110

Website: www.sdcity.edu/studentresources/counseling

**Transfer
to
4-year
University***

**Did You Know?
A Transfer Studies
Associate Degree
is available!*

YES, YOU CAN DO IT! See a counselor to learn more about:

- Transfer requirements (*minimum of 60 units*) and deadlines
- Articulation agreements
- Lower Division General Education Plans for Transfer, including IGETC, CSU GE-Breadth and UCSD-TAG
- Available Transfer Workshops, including:
 - How to Transfer
 - CSU/UC Application
 - UCSD TAG
 - SDSU TAG
- Online sources for detailed information
 - Transfer/Career Center: www.sdcity.edu/transfer/Navigation/transfmenu.asp
 - Assist: www.assist.org
 - CSU Mentor: www.csumentor.edu
 - UC Pathways: www.ucop.edu/pathways

**Associate
Degree***

**Did You Know?
Over 60 types of
Associate Degrees
are available!*

YES, YOU CAN DO IT! See a counselor to learn more about:

- Associate in Science Degrees**
Awarded in engineering, physical sciences, biological sciences and occupational disciplines
- Associate in Arts Degrees**
Awarded in the social sciences, humanities, the arts and related disciplines
- Associate degrees require completion of a minimum of 60 units, including:
 1. Major Requirements
 2. General Education Requirements
 3. District Requirements
 4. Elective Credits (*if needed*)
- Sources for detailed information
 - Catalog (*paper*): Available in the Counseling Center and bookstore
 - Catalog (*online*): www.communitycollege.net/catalogs/city
 - 60 unit degree breakdown (*online*): www.sdcity.edu/degrees/associate_degree.asp
 - List of degrees (*online*): www.sdcity.edu/degrees

Certificate*

*Did You Know?
Over **70** types of
Certificates
are available!

YES, YOU CAN DO IT! See a counselor to learn more about:

- Certificate of Completion** (Typically requires completion of 3 to 17 units)
Designed to prepare students for employment, job enhancement and/or job advancement
- Certificate of Achievement** (Requires completion of 18 or more units)
Designed for students with specific personal or occupational goals
- Sources for detailed information
 - Catalog (*paper*): Available in the Counseling Center and bookstore
 - Catalog (*online*): www.communitycollege.net/catalogs/city
 - List of certificates (*online*): www.sdcity.edu/degrees

Other Counseling Services

Career Counseling

Note: You should seek career counseling **IF** you are undecided about a career or major and/or need assistance setting an academic goal.

- Career counseling is very important in helping students to identify career paths that are appropriate to their interests, values and personality
- Career exploration - students are advised to complete the following steps in the Transfer/Career Center (Room A-111) prior to having a career counseling appointment:
 1. Take the following two assessments to learn more about yourself
 - Interests, Abilities and Values** Assessment
 - Personality** Assessment
 2. Use the DISCOVER software program to review occupations that best match your interests, abilities, values and personality.
 3. Use available resources to determine employment opportunities for your occupations of interest.

Personal Counseling

- FREE Personal Counseling services are provided to assist students in dealing with personal concerns that might interfere with their academic performance at City College
- Personal Counseling services assist students with Self-evaluation, Goal-setting, Stress Management, Decision Making and Personal Adjustment
- **Important:** Personal Counseling is provided in a safe and confidential atmosphere where students have an opportunity to talk about their individual concerns

Counseling services are offered on a “walk-in” basis and by appointment

How to Access Counseling Services*

*Tip:
See a counselor
at least once
every semester

- “Walk-in”** counseling provides an opportunity to see a counselor for quick questions that can be answered in less than 10 minutes
 - “Walk-in” counseling is offered during the Counseling Center’s hours of operation. Contact the Counseling Center for specific hours.
 - No appointment is needed for “walk-in” counseling
- 1-hour counseling appointments** are offered for comprehensive services involving academic, career and personal counseling. Contact the Counseling Center for available appointments.

1-hour appointments are recommended for the following services:

- Creating a student’s first education plan
- Detailed review of an existing education plan
- Comprehensive review of requirements for a Certificate, Associate Degree or Transfer
- Full review of a student’s current course work in relation to their goals
- Comprehensive, life altering career counseling
- Other in-depth counseling