This information sheet gives you all you need to know to enter the 2016 Directing Change at City College student film contest.

- All San Diego City, Mesa, and Miramar College students are eligible to enter
- To enter, you must submit an original 60 second film promoting suicide prevention and mental health
- Film submissions are due by midnight on **Sunday, April 17, 2016**
- Cash prizes of $500, $250, and $150 will be awarded to first, second, and third place winners
- All students submitting films will be entered into a raffle for a GoPro camera
- All students submitting films will be recognized at an award ceremony in May 2016 (date to be announced)
- No professional film equipment or experience necessary - films are judged primarily on content; it's about the message!

If you are interested in entering the contest, follow these 5 steps:

1. Review the **judging form** for scoring measures
2. Email us at sdcitydirchange@gmail.com to let us know you’ll be participating
3. Create a 60-second film about mental health or suicide prevention (pay close attention to judging form for content guidelines) *Note: Include an opening or closing slide with the student lead’s name and email for identifying purposes.*
4. Upload film as “unlisted” to YouTube (see instructions for this on website)
5. Submit the following forms to sdcitydirchange@gmail.com by the contest deadline April 17, 2016
   - Entry Form (with link to film posted on YouTube)
   - Release of Intellectual Rights Forms (one for each student on film team)
   - Release of Image and Voice Forms (one for each person seen or heard in film)
   - Any other copyright forms (if you are using copyrighted images or music)

Please carefully review all info at:

http://sdcity.edu/MentalHealthCounseling/DirectingChange

Disqualification: Suicide and mental health are complex and sensitive subjects, which need to be addressed with compassion and knowledge. All entries need to be suitable for schools and the general public viewing audience; otherwise, they may be disqualified. This contest has special content that must be included and specific content that must be avoided for the safety and respect of the audience. **Entries that show portrayals of suicide deaths or attempts (such as a person jumping off of a building or bridge, or holding a gun to their head) even in dramatization will be eliminated.** Additionally, entries must be sensitive to racial, ethnic, religious, sexual orientation, and gender differences. All films deemed to have inappropriate content will be disqualified from entry into the contest. Again, please pay close attention to the judging form which is available on our website.

The 2016 Directing Change at City College student film contest is sponsored by Mental Health and Veteran Peer Educators of the Mental Health Counseling Center at San Diego City College.