

PACIFIC COAST ATHLETIC CONFERENCE / JAN. 23, 2017

Mt. San Jac's Nottingham, SD City's Wilson share award

The Pacific Coast Athletic Conference has selected Mt. San Jacinto basketball player Tre Nottingham and San Diego City basketball player Romario Wilson as its Jan. 16-22 Men's Athletes of the Week.

Nottingham, a 6-foot-1 sophomore guard from Rancho Verde High School in Moreno Valley, totaled 45 points, 11 rebounds, 14 assists and 7 steals as the Eagles defeated Palomar and MiraCosta.

Nottingham, who has signed with NCAA Division I Texas State, scored 21 points, grabbed 5 rebounds, dished off 9 assists and had 5 steals as he led Mt. San Jac past Palomar 81-74.

He led the Eagles over MiraCosta 89-76 with 24 points, 6 rebounds, 5 assists and 2 steals.

Wilson, a 6-foot-4 sophomore guard from Helix High School, led SD City's PCAC South Division leaders (19-5, 3-0) to an 82-51 victory over Grossmont with 18 points. He had 15 points and 10 rebounds as the Knights held off Southwestern 83-77.

"Both games were close until he took over," said coach Mitch Charlens of Southern San Diego City's Southern Division leaders. "We don't win either game without him."

Wilson and the Knights are 19-5, 3-0 in the PCAC South.

Honorable mention went to San Diego Miramar's Chris Jones, San Bernardino Valley's Jalen Thornton, Mt. San Jacinto's Mat Bradshaw and MiraCosta's Josh Pilling, who by conference guidelines couldn't receive the AOTW award for the second time in a season after being honored last week.

Jones, a 5-foot-6 freshman guard from Richmond Academy in Augusta, Georgia, had 8 points, 5 assists and 3 steals as the Jets, who are tied for the North Division lead with a 3-0 record and are 18-5 overall, raced past College of the Desert 103-64. He had 19 points, 5 assists and 3 steals in Miramar's 101-73 win over Palomar.

Thornton, a 5-foot-10 sophomore guard from Douglasville, Georgia, totaled 15 points, 8 rebounds and 3 assists as the Wolverines (17-5, 3-0), the other North co-leader, defeated MiraCosta 79-71.

Bradshaw, a 6-foot-3 sophomore guard from Heritage High School in Romoland, contributed 18 points, 5 rebounds and 2 assists in Mt. San Jacinto's win over Palomar. He had 18 points, 5 rebounds, and 6 assists in the Eagles' victory over MiraCosta. Bradshaw knocked down 11 three-pointers during the week, 6 vs. the Comets and 5 vs. the Spartans.

PCAC 2016-17 MEN'S ATHLETES OF THE WEEK		
Sept 5	Joe Joe Hudson, Southwestern	Football
	Fred Zaragoza, San Bernardino Valley	Soccer
Sept 12	Jomari Becnel, Mt. San Jacinto	Football
	Rockne O'Brien, Grossmont	Water Polo
Sept 19	Luis Ortega, San Bernardino Valley	Cross Country
	Francisco Contreras, San Diego City	Soccer
Sept 26	Sam Tapia, Palomar	Football
	Patrick Koch, Palomar	Football
Oct 3	Ryan Stokes, Southwestern	Football
	Adrian Tolbert, Grossmont	Football
Oct 10	Eddie Franco, MiraCosta	Soccer
	Michael Teran, San Bernardino Valley	Cross Country
Oct 17	Jake Schaeffer, Palomar	Wrestling
	Cameron Woldt, San Diego Mesa	Water Polo
Oct 24	Humberto Ramirez, San Bernardino Valley	Football
Oct 31	Brad Cagle, Grossmont	Football
Nov 7	Anthony Ellison, College of the Desert	Football
	Tony Oreb, Palomar	Water Polo
Nov 14	Seville Hayes, Palomar	Wrestling
	Sergio Torres, San Bernardino Valley	Soccer
Nov 21	Steven Lepe, Cuyamaca	Cross Country
Nov 28	Alex Wilbourn, San Diego City College	Basketball
Dec 5	Darien McClain, San Diego City College	Basketball
	Alberto Garcia, Palomar	Wrestling
Dec 12	Chance Eskam, Palomar	Wrestling
	Oscar Limon, Grossmont	Basketball
Dec 19	Emanuelle Bradbury, Imperial Valley	Basketball
	Austin Bryant, MiraCosta	Basketball
Dec 26	LaVale Coleman, Palomar	Basketball
Jan 3	Javan Perry, San Diego Miramar	Basketball
Jan 9	Brandon Jolley, San Bernardino Valley	Basketball
Jan 16	Takoda Browne, San Diego Miramar	Basketball
	Josh Pilling, MiraCosta	Basketball
Jan 23	Tre Nottingham, Mt. San Jacinto	Basketball
	Romario Wilson, San Diego City College	Basketball

Pilling, the Spartans' 6-foot-4 freshman guard from Minico High School in Rupert, Idaho and his state's Player of the Year last season, had 25 points and 7 rebounds vs. Mt. San Jacinto.