

## FOOD RESOURCES AND MEAL SITES

PROGRAM NAME	CONTACT INFO	HOURS/DAYS OF OPERATION	QUALIFYING CRITERIA
Emergency Food Pantry	City College BT Room 211 A Business Technology Building (16 <sup>th</sup> and C Streets) (619) 388-4346 <a href="http://www.sdcity.edu/cityfoodpantry">www.sdcity.edu/cityfoodpantry</a>	Fall and Spring 10:00 - 5:30 pm Summer 10:00 am - 2:00 pm The pantry is closed on Fridays	Student needs to be currently enrolled in a class and have a Valid Student ID card.
Neighborhood Distribution Program/ San Diego Food Bank For your local distribution site, call (866) 350-FOOD (3363) <a href="http://www.SanDiegoFoodBank.org">www.SanDiegoFoodBank.org</a>	LGBT Community Center 3909 Centre St. San Diego, CA 92103 (619) 692-2077 <a href="http://www.thecentersd.org">www.thecentersd.org</a>	1 <sup>st</sup> Tuesday 9:00 am - until food is gone	No requirements or documentation needed to receive food. Bring reusable bags. *Distributions are rescheduled if they fall on a federal holiday.
	St. Andrew's Episcopal Church 890 Balour Drive Encinitas, CA 92024 (760) 753-3017 <a href="http://www.standrewsepiscopal.org">www.standrewsepiscopal.org</a>	1 <sup>st</sup> Thursday 3:00 pm - 4:00 pm	
	South Bay Pentecostal 395 D St. Chula Vista, CA 91910 (619) 585-0600 <a href="http://www.sbupc.org">www.sbupc.org</a>	1 <sup>st</sup> Friday 9:00 am - until food is gone	
	Teen Challenge 5450 Lea St. San Diego, CA 92105 (619) 265-0337 <a href="http://www.teenchallenge.org">www.teenchallenge.org</a>	2 <sup>nd</sup> Monday 9:00 am - until food is gone (Rescheduled to 10/2/17 in October)	

	<p>Hearts &amp; Hands Working Together  2020 Alaquinas Dr.  San Ysidro, CA 92173  (619) 428-1196  <a href="http://www.heartsandhandsworkingtogether.org">www.heartsandhandsworkingtogether.org</a></p>	<p>2<sup>nd</sup> Tuesday  9:00 am - until food is gone</p>	
	<p>Turning the Hearts Center  345 5th Ave, Chula Vista, CA 91910  (619) 691-9643  <a href="http://www.turningtheheartscenter.org">www.turningtheheartscenter.org</a>  <a href="https://www.facebook.com/TTHCSD/">www.facebook.com/TTHCSD/</a></p>	<p>2nd and 4th Saturday</p>	<p>Must have proof of address and valid identification.</p>
	<p>Journey Community Church  8363 Center Dr., Suite 6C  La Mesa, CA 91942  (619) 464-4544  <a href="http://www.journeycommunitychurch.com">www.journeycommunitychurch.com</a></p>	<p>2<sup>nd</sup> Friday  9:00 am - until food is gone  (Rescheduled to 8/1//17 in August and 11/17/17 in November)</p>	
	<p>St. Stephen's Church of God  5825 Imperial Ave.  San Diego, CA 92114  (619) 262-2671  <a href="http://www.ststephenscogic.org">www.ststephenscogic.org</a></p>	<p>3<sup>rd</sup> Monday  9:00 am - until food is gone</p>	
	<p>Vista Spanish Seventh-day Adventist Church  254 W. Indian Rock  Vista, CA 92083  (760) 758-9310  <a href="http://www.vistaspanishca.adventistchurch.org">www.vistaspanishca.adventistchurch.org</a></p>	<p>3<sup>rd</sup> Monday  12:00 pm - 2:00 pm</p>	
	<p>El Cajon Seventh-day Adventist Church  1630 E. Madison Ave.  El Cajon, CA 92019  (619) 444-0763  <a href="http://www.elcajon.adventistfaith.org">www.elcajon.adventistfaith.org</a></p>	<p>3<sup>rd</sup> Tuesday  4:00 pm - until food is gone</p>	

	<p>Heaven's Windows  2300 Bancroft Dr.  Spring Valley, CA 91977  (619) 303-7806  <a href="http://www.heavenswindows.org">www.heavenswindows.org</a></p>	<p>4<sup>th</sup> Tuesday  9:00 am - until food is gone  (Rescheduled to 11/17/17 in  November and 12/12/17  in December)</p>	
	<p>Fallbrook Food Pantry  221 N. Pico Ave.  Fallbrook, CA 92028  (760) 728-7608  <a href="http://www.fallbrookfoodpantry.org">www.fallbrookfoodpantry.org</a></p>	<p>Last Wednesday  9:00 am - until food is gone</p>	
	<p>Bread of Life Rescue Mission  1919 Apple St.  Oceanside, CA 92054  (760) 722-0800  <a href="http://www.bolrescue.org">www.bolrescue.org</a></p>	<p>Last Thursday  3:00 pm - until food is gone</p>	
	<p>Samoa Independent  2055 Skyline Dr.  Lemon Grove, CA 91945  (619) 784-6439  <a href="http://www.powerofthreechurch.org">www.powerofthreechurch.org</a></p>	<p>Last Friday  9:00 am - until food is gone  (Rescheduled to 11/17/17 in  November and 12/22/17  in December)</p>	
Hot Meals	<p>South Bay Community Services  707 F St.  Chula Vista, CA 91910  (619) 420-3620  <a href="http://www.SouthBayCommunityServices.org">www.SouthBayCommunityServices.org</a></p>	<p>Thursdays  5:00 pm - 5:30 pm</p>	
	<p>Most Precious Blood Church  1245 4<sup>th</sup> Ave.  Chula Vista, CA 91910  (619) 422-2100  <a href="http://www.preciousbloodchurch.com">www.preciousbloodchurch.com</a></p>	<p>Fridays  4:00 pm - 5:00 pm</p>	
	<p>New Seasons Church  2300 Bancroft Dr.</p>	<p>Wednesdays  6:00 pm</p>	

	Spring Valley, CA 91977 (619) 463-0725 <a href="http://www.nscsv.org">www.nscsv.org</a>		
	Salvation Army 825 Seventh Ave San Diego 92101 (619) 699-2217	Monday - Thursday (Dinners) 5:00 pm	
Food and Nutrition Serving Seniors	1525 4th Avenue, Suite 200 San Diego, CA 92101 (619) 235-6572 <a href="http://www.servingseiors.org">www.servingseiors.org</a>	Breakfast and Lunch 6:30 am - 4:00 pm Monday - Friday 7:00 am - 2:30 pm Saturday 8:00 am - 2:30 pm Sunday	Seniors 60+ For breakfast, must live in zip code area 92101, 92103, 94104, or 92116 Delivers one hot and one cold meal 7 days a week to home-bound seniors in Central San Diego.
National City Senior Nutrition Program (Kimball Senior Center)	1415 D Avenue National City, CA 91950 (619) 336-6760 <a href="http://www.ci.national-city.ca.us">www.ci.national-city.ca.us</a>	Monday and Thursday 9:30 am - 4:00 pm Tuesday and Wednesday 9:30 am - 2:00 pm Closed Friday-Sunday	60+ Must live in National City
Nutrition Services for Seniors, Salvation Army	648 Third Avenue Chula Vista, CA 91910 (619) 498-0298 <a href="http://www.sandiego.salvationarmy.org">www.sandiego.salvationarmy.org</a>	Hours vary, call for information	60+ Must be homebound to receive home-delivered meals
Senior Services, Neighborhood House Association	795 South Boundary Street San Diego, CA 92113 (619) 263-2108 <a href="http://www.neighborhoodhouse.org">www.neighborhoodhouse.org</a>	Breakfast and Lunch Monday – Friday 8:00 am-2:00 pm	60+
Bayside Community Center	2202 Comstock Street San Diego 92111 (858) 278-0771	Lunch Monday - Friday 11:30 am to 12:30 pm	Seniors only 55+
St. Vincent De Paul Village	1501 Imperial Ave. San Diego 92101 (619) 233-8500 ext. 1130	Monday - Saturday (Lunch) 11:00AM to 12:30PM Sunday Brunch 9:00 am – 11:30 am	
Southeast Church of the Nazarene	3605 National Avenue San Diego 92113 Phone (619) 262-1301	Fridays 5:00 pm – 7:00 pm	

Special Delivery San Diego	4021 Goldfinch St., San Diego 92103 (619) 297-7373 <a href="http://www.specialdeliverysandiego.com">http://www.specialdeliverysandiego.com</a>		Free meals for people with critical illnesses (HIV+/AIDS, cancer and others) • Delivery for homebound By referral from their physicians and case manager ONLY.
Rachel's Women Day Center	759 Eighth Ave. San Diego 92101 (619) 696-0873	Daily lunch served 7 days/week 11:30 am	Women only. (Must come and sign up prior to acceptance) No ID or requirement other than pre-registering
First Presbyterian Church of San Diego	320 Date Street, San Diego 92101 (619) 232-7513	Sundays (Lunch) 2:00 pm	(must arrive at 12:00 pm - 1:00 pm)
Food Distribution South Bay Area (Various locations)	National City Middle School 1701 D Ave. National City, CA 91950 (619) 4520-3620 <a href="http://www.southbaycommunityservices.org">www.southbaycommunityservices.org</a>	3 <sup>rd</sup> Tuesday 4:00 pm - 6:00 pm	Must be at least 16 years old. Must be in need of food (no proof required) Must be present during distribution.
	Castle Park Middle School ( Athletic Field) 160 Quintard St. Chula Vista, CA 91950 (619) 4520-3620 <a href="http://www.southbaycommunityservices.org">www.southbaycommunityservices.org</a>	3 <sup>rd</sup> Tuesday 4:00 pm - 6:00 pm	
	Mar Vista Academy Thermal Ave. San Diego, CA 92154 (619) 4520-3620 <a href="http://www.southbaycommunityservices.org">www.southbaycommunityservices.org</a>	3 <sup>rd</sup> Tuesday 4:00 pm - 6:00 pm	**Food distribution is not available at Mar Vista Academy during School breaks.
	South Bay Community Services 707 F St. Chula Vista, CA 91910 (619) 420-3620	2 <sup>nd</sup> Wednesday 3:00 pm - 7:00 pm	

	<a href="http://www.SouthBayCommunityServices.org">www.SouthBayCommunityServices.org</a>		
Neighborhood Distribution Program/ North County Food Bank	For your local distribution site, call (866) 350-FOOD (3363) <a href="http://www.NorthCountyFoodBank.org">www.NorthCountyFoodBank.org</a>		No requirements or documentation needed to receive food. Bring reusable bags.
CalFresh Supplemental Nutritional Assistance Program (SNAP)	1-877-847-3663 (English) 1-888-926-6432 (Spanish) <a href="https://www.mybenefitscalwin.org/">https://www.mybenefitscalwin.org/</a>		College Students (over 18 years old) Picture ID Proof of income
Enrollment Services CalFresh 2-1-1	211-call-me <a href="http://www.2enrollme.org">www.2enrollme.org</a>	Monday - Saturday 7:00 am - 7: pm	Completion of CalFresh application