



## Mental Health Work Certificate of Achievement

The **Mental Health Work Certificate of Achievement** at San Diego City College prepares students for entry-level work as a Mental Health Worker or Technician and opens a pathway towards higher academic degrees and transfer to four-year colleges, universities or other institutions.

Students will learn about clinical disorders, counseling techniques, the role of community in the field of psychology, and local support services available to individuals and families.

The certificate is offered through our Public Mental Health Academy (PMHA) which provides specialized academic counseling support and resources to students enrolled in the PMHA.



Funded by the County of San Diego, Mental Health Services through the Mental Health Services Act (MHSA) Workforce Education and Training



## Required Courses

### 19 Units Total

- PSYC 101 General Psychology (3)
- PSYC 161 Introduction to Counseling (3)
- PSYC 245 Abnormal Psychology (3)
- PSYC 130 Introduction to Community Psychology (3)
- HUMS 95 Public Assistance and Benefits Program (1)
- HUMS 105 Family Support Model (3)
- PSYC 276 Field Work in Psychological Services (3)

Note: All courses must be completed with "C" or better and within past 10 years

### Benefits of the Mental Health Work Certificate of Achievement:

- Gain experience and knowledge in field
- Excellent for resume building
- Specialized academic counseling support
- Receive ongoing resources such as jobs, campus updates & transfer information
- Explore the Psychology major options
- Networking opportunities
- 18 units of CSU transfer coursework

### For more information or to sign up:

- Email PMHA Counselor Dawn Taft to set up an appointment
- Complete a Letter of Intent and turn in during appointment

## Contact

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Counseling and Guidance  
Academic Counselor  
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