

Jump start your success @

SAN DIEGO CITY COLLEGE

Take a Personal Growth class this Fall!

PERG 110 - Introduction to College

PERG 120 - College Success

PERG 130 - Career & Life Planning

PERG 140 - Life Skills & Personal Adjustment

PERG 160 - Stress Management & Well-Being

Online and in-person classes are available. Check the [Class Schedule](#) for more information and log in to your mySDCCD portal to register.

**CLASSES BEGIN
AUGUST 19!**

*To learn more about our
classes, click on the QR code*

