

## Associate in Arts in Kinesiology for Transfer Degree:

The Associate in Arts in Kinesiology for Transfer Degree is intended for students who plan to complete a bachelor's degree in Kinesiology or a related major in the California State University (CSU) system. It is accepted by some but not all CSU campuses. Students who complete this degree and transfer to a participating CSU campus will be required to complete no more than 60 units after transfer to earn a bachelor's degree. It may not be appropriate preparation for students transferring to a CSU campus that does not accept the degree. Students who plan to complete this degree should consult a counselor for additional information about participating CSU campuses as well as university admission, degree and transfer requirements.

**NOTE:** Students intending to transfer into this major at any CSU should consult with a counselor and visit [www.assist.org](http://www.assist.org) for guidance on appropriate transfer coursework.

**General Education:** In addition to the courses listed above, students must complete one of the following general education options:

- The IGETC pattern (page 126) is accepted by all CSU campuses and most UC campuses and majors. It is also accepted by some private/independent or out of state universities.
- The CSU GE pattern (page 134) is accepted by all CSU campuses and some private/independent or out of state universities. It is not accepted by the UC system.

It is strongly recommended that students consult with a counselor to determine which general education option is most appropriate for their individual educational goals.

\* Course also fulfills general education requirements for the CSU GE or IGETC pattern.

### The following is required for all AA-T or AS-T degrees:

- Completion of 60 CSU-transferable semester units. No more than 60 units are required.
- Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some CSU campuses and majors may require a higher GPA. Please see a counselor for more information.

- Completion of a minimum of 18 semester units in an "AA-T" or "AS-T" major (see list below). All courses in the major must be completed with a grade of "C" or "P" or better.
- Certified completion of the California State University General Education-Breadth pattern (CSU GE; see page 134 for more information); OR the Intersegmental General Education Transfer Curriculum pattern (IGETC; see page 126 for more information).

### Electives as needed to meet maximum of 60 CSU-transferable units required for the degree.

#### Goals

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#### Career Options

Careers related to this field typically require education beyond the associate degree level and some may require a graduate degree.

| Courses Required for the Major: |                             | Units |
|---------------------------------|-----------------------------|-------|
| BIOL 230                        | Human Anatomy*              | 4     |
| BIOL 235                        | Human Physiology*           | 4     |
| EXSC 241B                       | Introduction to Kinesiology | 3     |

### Select a minimum of one course from any three of the following areas for a maximum of 3 units:

#### Combatives

|           |                      |   |
|-----------|----------------------|---|
| EXSC 147A | Kickboxing I         | 1 |
| EXSC 148A | Mixed Martial Arts I | 1 |

#### Fitness

|           |                           |   |
|-----------|---------------------------|---|
| EXSC 125A | Aerobic Dance I           | 1 |
| EXSC 125B | Aerobic Dance II          | 1 |
| EXSC 125C | Aerobic Dance III         | 1 |
| EXSC 125D | Aerobic Dance IV          | 1 |
| EXSC 127A | Cardio Kickboxing I       | 1 |
| EXSC 129A | Step Aerobics I           | 1 |
| EXSC 135A | Individual Conditioning I | 1 |

|           |                     |   |
|-----------|---------------------|---|
| EXSC 139A | Weight Training I   | 1 |
| EXSC 139B | Weight Training II  | 1 |
| EXSC 139C | Weight Training III | 1 |
| EXSC 139D | Weight Training IV  | 1 |
| EXSC 145A | Yoga I              | 1 |

**Individual Sports**

|           |             |   |
|-----------|-------------|---|
| EXSC 154A | Badminton I | 1 |
| EXSC 166A | Golf I      | 1 |
| EXSC 178A | Tennis I    | 1 |

**Team Sports**

|           |              |   |
|-----------|--------------|---|
| EXSC 158A | Basketball I | 1 |
| EXSC 174A | Soccer I     | 1 |
| EXSC 176A | Softball I   | 1 |
| EXSC 182A | Volleyball I | 1 |

**Select two of the following courses (minimum 8 units)**

|           |   |   |
|-----------|---|---|
| CHEM 200  | General Chemistry I – Lecture<br><b>and</b> | 3 |
| CHEM 200L | General Chemistry I – Laboratory            | 2 |
| MATH 119  | Elementary Statistics <b>or</b>             |   |
| PSYC 258  | Behavioral Science Statistics               | 3 |

**Total Units = 22**

For graduation requirements see **Requirements for the Associate Degree** on page 101.

# French

| Award Type | Units |
|------------|-------|
|------------|-------|

**Associate of Arts Degree:**

|        |     |
|--------|-----|
| French | 26* |
|--------|-----|

\* and courses to meet graduation requirements, general education and electives as needed to meet the minimum of 60 units required for the degree.

**Description**

The study of languages provides communication skills, provides exposure to the richness of cultural variety, increases transfer options to universities with language requirements, opens new career opportunities, enriches global travel, and provides personal enrichment. The program is designed to prepare students for transfer to a baccalaureate institution and for proficiency in a language in a variety of settings.

**Program Emphasis**

The Language program provides transfer level courses in Arabic, French, German, Italian,

Spanish and Russian. Students develop skills of understanding, speaking, reading and writing, culture and increase familiarity with basic features of the English language. They also have opportunities to become acquainted with the literature, culture, history and current events of other countries through films, videotapes, field trips and campus and community international events.

| Faculty        | Office  | Telephone    |
|----------------|---------|--------------|
| Philippe Patto | AH-518C | 619-388-3591 |

**Career Options**

Knowledge of another language is required or highly desirable for consular and junior foreign service, import, export, and international business and travel, health and missionary fields, overseas teaching, translating and interpreting, and travel and tourism industries. Learning another language is an asset in broadening communication skills and in the travel and tourism industry.

**Program Learning Outcomes**

Students who complete the program will be able to:

- Demonstrate preparedness for successful transition to the language program of four year institutions.
- Demonstrate accurate foreign language grammar including writing, speaking, and listening in the target language.
- Discuss the social and cultural life of Foreign Language speakers in the target language.
- Read and analyze writings in Foreign Language target areas.
- Accept and value other peoples.

**Academic Programs**

The associate degree in French, German, Italian, or Spanish requires completion of the courses listed below. Additional general education and graduation requirements for the associate degree are listed in the catalog. The associate degree requires a minimum of 60 units.

**Associate of Arts Degree:  
French**

| Courses Required for the Major: | Units                  |   |
|---------------------------------|------------------------|---|
| FREN 101                        | First Course in French | 5 |