

Associate of Arts: World Language Studies

The Associate of Arts degree with an area of emphasis in World Language Studies is intended for students who plan to complete a bachelor's degree at a transfer institution in a world language-related major.

This degree is designed to accommodate the differing requirements of a wide variety of transfer institutions and major options. Because admission and major preparation requirements vary at each transfer institution, courses used to complete this degree should be selected with the assistance of a Miramar College counselor.

Courses Required for the Major: **Units**

Select one language course sequence:

SPAN 101	First Course in Spanish	5
and		

SPAN 102	Second Course in Spanish	5
and		

SPAN 201	Third Course in Spanish	5
and		

SPAN 202	Fourth Course in Spanish	5
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OR		
TAGA 101	First Course in Tagalog	5
and		

TAGA 102	Second Course in Tagalog	5
and		

TAGA 201	Third Course in Tagalog*	5
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Select the remainder of units needed to meet the minimum of 18 from the following:

ANTH 103	Introduction to Cultural Anthropology	3
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ECON 120	Principles of Macroeconomics	3
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ECON 121	Principles of Microeconomics	3
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ENGL 208	Introduction to Literature	3
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ENGL 220	Masterpiece of Literature I: 1500 BCE – 1600 CE	3
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ENGL 221	Masterpiece of Literature II: 1600 BCE – Present	3
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ENGL 230	Asian American Literature	3
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FILI 100	Filipino American Experience	3
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GEOG 102	Cultural Geography	3
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HIST 100	World History I	3
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HIST 101	World History II	3
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HIST 105	Introduction to Western Civilization I	3
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HIST 106	Introduction to Western Civilization II	3
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HIST 120	Introduction to Asian Civilization	3
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HIST 121	Asian Civilization in Modern Times	3
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POLI 101	Introduction to Political Science	3
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POLI 103	Comparative Politics	3
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SPAN 210	Conversation and Composition Spanish I	3
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SPAN 211	Conversation and Composition Spanish II	3
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Total Units = 18–20

***NOTE:** Students who place out of one or more language courses through prerequisite challenge exams or other methods that do not bear college-level credit must fulfill the remainder of the 18 units required for the major through coursework taken from the list of restricted electives.

General Education: In addition to the courses listed above, students must complete one of the general education options listed on page 93:

- The IGETC pattern (page 116) is accepted by all CSU campuses and most UC campuses and majors. It is also accepted by some private/independent or out of state universities.
- The CSU GE pattern (page 124) is accepted by all CSU campuses and some private/independent or out of state universities. It is not accepted by the UC system.
- The San Diego Community College District General Education pattern (page 100) may be appropriate for students transferring to a private/independent or out of state university or to a high-unit major. Students selecting this option should meet with a counselor to determine the appropriate General Education courses for their individual transfer goals.

It is strongly recommended that students consult with a counselor to determine which general education option is most appropriate for their individual educational goals.

Electives as needed to meet minimum of 60 units required for the degree.

Associate in Arts in Spanish for Transfer Degree

This degree is accepted by some but not all CSU campuses.

The Associate in Art in Spanish for Transfer Degree is intended for students who plan to complete a bachelor's degree in Spanish or a related major in the California State University (CSU) system. Students who complete this degree and transfer to a participating CSU campus will be required to complete no more than 60 units after transfer to

earn a bachelor's degree. It may not be appropriate preparation for students transferring to a CSU campus that does not accept the degree. Students who plan to complete this degree should consult a counselor for additional information about participating CSU campuses as well as university admission, degree, and transfer requirements.

Courses Required for the Major:		Units
SPAN 101	First Course in Spanish	5
SPAN 102	Second Course in Spanish	5
SPAN 201	Third Course in Spanish	5
SPAN 202	Fourth Course in Spanish	5

Select one course (3 units) from the following:
(It is recommended that students select courses that meet lower division major preparation requirements for their transfer university).

SPAN 210	Conversation and Composition Spanish I	3
SPAN 211	Conversation and Composition Spanish II	3
Total Units = 23		

General Education: In addition to the courses listed above, students must complete one of the following general education options:

- The IGETC pattern (page 116) is accepted by all CSU campuses and most UC campuses and majors. It is also accepted by some private/independent or out of state universities.
- The CSU GE pattern (page 124) is accepted by all CSU campuses and some private/independent or out of state universities. It is not accepted by the UC system.

It is strongly recommended that students consult with a counselor to determine which general education option is most appropriate for their individual educational goals.

Note: It is recommended that students select courses that meet lower division major preparation requirements for their transfer university.

Electives as needed to meet maximum of 60 CSU-transferable units required for the degree.

Yoga Teacher

Award Type	Units
Certificate of Performance: 200-Hour Registered Yoga Teacher	7
Certificate of Achievement: 300-Hour Registered Yoga Teacher	12–15

Program Description

Yoga teacher training is designed and instructed for participants of various ability levels. We ensure thorough and diligent planning for a safe and effective delivery of information and techniques for all participants. Our program offers two yoga certifications – the 200-Hour Yoga Teacher: Certificate of Performance and the 300-Hour Yoga Teacher: Certificate of Achievement. Each certificate can be completed in just one semester. The courses are designed to prepare students to meet Yoga Alliance's requirements to become a Registered Yoga Teacher (RYT). In addition, students who earn both certificates are eligible to register as a 500-Hour yoga teacher with Yoga Alliance. For more information, visit www.yogaalliance.org.

Program Learning Outcomes

Students who complete the Yoga Teacher program will be able to:

- Design intelligently structured and sequenced yoga classes.
- Demonstrate appropriate teaching methodologies and effective communication skills while leading a varied group of yoga participants.
- Instruct appropriate progressions and regressions of yoga poses (asanas) to create a safe and effective multi-level class experience.

Career Options

This program prepares students for employment in:

- Yoga studios
- Hospitals
- The health and wellness industry
- Self-employed settings
- Health and Fitness Clubs